

Cultivating Collaborations



Health and Safety in Western Agriculture

September 16-18, 2002

Coeur d'Alene Resort, Coeur d'Alene, Idaho

Preface

The “Cultivating Collaborations” conference created a forum to exchange thoughts and tools to improve research practices, build research capacity and identify and share ideas for collaborative projects. This first Far West regional conference brought together constituents from varied segments of western agriculture to discuss issues common to the area’s agricultural worker health and safety.

The following material presents a record of that exchange. These proceedings were developed in an untraditional format in order to offer an engaging, user-friendly reference for presentation concepts and maintaining connections. We hope this booklet successfully captures the attendees’ ideas for collaborative projects and will serve as a reminder, as well as a spring board for getting collaborations off the ground.

The conference was developed by two western NIOSH agricultural centers: The Pacific Northwest Agricultural Safety and Health Center (PNASH), University of Washington, Seattle, and the Western Agricultural Health and Safety Center, University of California, Davis (UC Davis). “Cultivating Collaborations: Health and Safety in Western Agriculture,” was coordinated by the PNASH center and held in September 2002 in Coeur d’Alene, Idaho. The next conference, “Challenges in Agricultural Safety and Health,” will be led by UC Davis -and will take place in San Francisco, September 7-9, 2003.

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*Cover photographs: Earl Dotter (orchard worker)
Stacey Holland (Yakima Valley landscape)*





WESTERN AGRICULTURE

The continental landscape west of the 100th meridian has occupied a near-mythological place in the American mindset since the days of Lewis and Clark and John Wesley Powell. Its uniqueness has been chronicled in journals, immortalized in literature, analyzed in reports, and transformed by human enterprise on a grand scale. The vast landscape supplies a great range of agricultural products. Labor-intensive crop production in Washington, Oregon, and California shape its workforce and issues.



Richard Fenske
*Professor & Director
 Pacific Northwest
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The Far West Region: An Agricultural and Research Profile

- Richard Fenske

Agriculture in the US Far West, especially in California, can be summed up in one word—*big*. The region hires more farmworkers than any other region in the nation and accounts for nearly a fifth of the country's total cash receipts for agricultural commodities. Farmworkers in the Far West are overwhelmingly Hispanic; 70 percent have less than a complete high school education, 85 percent farm full time, and 60 percent earn less than \$300 a week. Of the Far West states, Washington has devoted the largest share of its land (roughly 35 percent) to farming.

The Pacific Northwest (Washington, Oregon, Idaho) is the top US producer of berries, legumes, and nursery products; dairy products (\$1.7 billion in 2000), cattle and calves (\$2 billion), and potatoes (\$1.1 billion) bring in the most dollars. The majority of Northwest farms are smaller than 100 acres and owned by individuals or families.

Through stakeholder consultations and workshops in the late 1990s, PNASH identified three priority areas for attention: disease and injury, work environment and workforce, and research tools and approaches to improve worker health and safety.

California Agriculture: Characteristics and Health and Safety Issues

- Marc Schenker

California agriculture is not only big, but labor intensive, varied, and hazardous. The state produces more than 250 major commodities, leading the nation in more than 60. Among the principals are milk cows, cut flowers, grapes, almonds, and cotton.



The US Far West...hires more farmworkers than any other region in the nation

The demography and socioeconomic status of the state's huge farm workforce raise a number of barriers to health care. Most farmwork is done by hired labor; more than 90 percent of the labor force is Hispanic; 26 percent are women. The workforce is young, and the majority have families. Especially among recent immigrants, poverty, little education, and large households create cost, transportation, language, and cultural barriers to health care.

California agriculture is also hazardous. Farmworkers face possible injury, even death, from physical, chemical, biological, and stress-related hazards, including injuries from equipment, respiratory and reproductive ills from chemical exposures, infections, and physiological and psychological stresses. Motor vehicles inflict a big share of nonfatal and fatal injuries. Still, two-thirds of California farmers perceive their occupation as less hazardous than other work.

As elsewhere in the Far West, California is an arid, heavily irrigated state. Dust exposure is chronic and can lead to chronic respiratory symptoms; asthma rates are higher than average among farmworkers. Rates of occupational skin diseases in agriculture are almost double what they are in manufacturing, which ranks second in incidence of occupational dermatitis. The cost of occupational injuries in agriculture is disproportionately high: agriculture accounts for 1.8 percent of US GDP but 3.5 percent of occupational injury costs.

To improve safety and health among California's farmworkers, UC Davis's Western Center for Agricultural Health and Safety has launched a number of research, outreach, and prevention projects. These range from addressing health issues among hired (migrant) farmworkers, to improving exposure monitoring, to assessing children's and young people's safety issues, to extending pesticide and food safety awareness among non-English-speaking workers. Nevertheless, even the best disease and injury prevention efforts won't make agriculture absolutely safe.



Marc Schenker
*Professor & Director
Western Center for Agricultural Health and Safety
University of California, Davis*

Labor and Productivity: Health and Safety in Western Agriculture

- Don Villarejo

A quarter century ago, livestock, grains, and hay constituted nearly two-thirds of agricultural production; by the late 1990s, the share devoted to table vegetables, nursery and greenhouse products, fruits, nuts, and berries had grown to half. Dairy has tripled, with the West Coast supplying one-third of US production. At the same time, the number of livestock farms, where the work is more dangerous, has gone up.

Despite only rough estimates, we know that farm labor demand has also changed over the past 25 years. It appears that farm labor demand and reliance on hired or contract workers have risen. Farm wage rates, however, have fallen, largely because of what seems to be an infinite supply of laborers from Mexico and Central America.

Rough as the estimates for labor and productivity are, they are even rougher for farmworker injury and illness rates, though recent agricultural censuses suggest that injury rates are lower now than a decade ago. We need more information for different groups of farmworkers, including contract workers, and for farms that employ fewer than 10 workers. One recent, disturbing finding from California indicates that compliance with workplace health and safety regulations is less than 50 percent among chemical handlers as well as field workers.



Don Villarejo
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FARMWORK IN THE WEST: PERSONAL VIEWS

from the Keynote Addresses

The tough ranch hand. The migrant farmworker. The entrepreneurial émigré. The clinician. Four keynote speakers painted vivid pictures from each of these perspectives. Not only do ranchers and farmworkers contend with unique health and safety issues, but their perspectives—and the way their professions are woven into the mythology of the North American West—influence worker well-being.

Farmers tend to take risks and downplay dangers



Farm owners Bradford and Karyl Baugh made very clear that life on a ranch with cattle and horses brings any number of unexpected hazards, ranging from animals that kick to serious accidents during routine tasks such as ear notching, branding, or castrating. Harsh weather, long winters, remoteness, farmers' and ranchers' tendency to take risks and downplay dangers—these factors complicate and sometimes compromise rural health and safety.



Brad & Carol Baugh
Farmers
Washington State

Throughout the past century, migrant farmworker families like Guadalupe Gamboa's have formed the backbone of western agriculture. Often children worked to help support their families instead of attending school. Families endured poor housing, pesticide exposure, and backbreaking work. Cesar Chavez's fight in the 1960s and 1970s for farmworkers' rights led to creation of a labor union, the United Farm Workers of America, but even today in Washington State, Gamboa pointed out, farmworkers do not have collective bargaining rights, "and so the legacy continues."

Yet in their compatriots' eyes, observed Malcolm Butler, medical director of an eastern Washington clinic serving farmworkers, migrant farmworkers are successful entrepreneurs. Many come from stately towns in central Mexico. These émigrés are the ones brave enough to give up home, culture, and family to try to provide a better life for those left behind; to their families, migrant farmworkers are heroes. Often their families at home enjoy a more stable income and better housing than their neighbors. The migrants themselves, in contrast, face the hazards of their work, plus serious anxiety from the cultural disconnect, poverty, isolation, language barrier, and illiteracy. These factors, and a widespread view that "life is a burden to be tolerated with forbearance," prevent many migrant workers from seeking medical help and shorten the lives of many others.

HE DID NOT COMPLAIN

-A Story by Malcolm Butler

He died Sunday morning. He sat up in bed, coughed hard, and slumped over. The paramedics arrived and performed their ritual, but he had gone. It was his time. His baby had just turned two; he had made it into the new millennium and his twenty-seventh year.

José was a friend of mine. Not the friend I went out with after work but the friend who brought a smile to my face whenever I saw him. He was a friend to everyone, as far as I could tell. His ex-wife never forgave him his alcoholism, but everyone else enjoyed him. He never complained. In the morning I would walk in and ask him how he was doing. He would be sitting forward in bed, caught in a paroxysm of coughing. He would finally look up and smile, take a moment to let the oxygen recirculate, then say, “I’m fine.” I suppose he had enjoyed the bottom of too many bottles over the years. But it was probably an ordinary little virus that killed him.

It killed him slowly. On January 1, 1997, we finally got the chest x-ray that revealed a heart as big as his head sitting inside his young chest. We had assumed that his cough was from bronchitis; and then we considered asthma; and when we saw him a third time, looking worse, we took the x-ray. A normal heart is just a little bigger than your fist, with walls as thick as your thumb. When it pumps, two-thirds to three-quarters of the blood within it shoots out to the lungs and body. José’s heart was a floppy sack, as big as a volleyball, with walls of paper. Though it was huge, when José’s heart pumped, only about 15 percent of the blood went out; the rest just sloshed around inside.

A virus will do that to you—“viral cardiomyopathy” it’s called. The virus gets inside the heart muscle and kills it. The weakened muscle slowly thins out, and, like an old inner tube left out in the sun, its elasticity dissolves, and the heart fails. Alcohol does the same thing. Over the years alcohol poisons the heart, insidiously thinning and weakening the only muscle in the body that never rests.



Guadalupe Gamboa
*Regional Director
United Farmworkers of
America, Washington & Oregon*



Malcolm Butler MD
*Medical Director
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Community Health*

That January we realized José was going to die. His blood pressure was so low that his liver was dying from lack of blood. We fiddled with medicines, trying to rest the heart muscle, and realized that his salvation would be in another man's death. He needed a new heart. So to the Medical Center of the Universe he went. At the Medical Center, he was visited by the Hepatologist, who pondered the plight of his liver; and by the Cardiologist, who pondered the plight of his heart; and by the Transplant Surgeons, who relished the plight of his liver and heart; and finally by the Billing Clerks, who realized that he had no money.

José worked in an orchard. He picked fruit. With his earnings he supported his parents in Mexico and his family in the United States. He was young, worked hard, partied hard, and never thought of insuring his health. He had come to this country because he wanted more from life than he could have had at home in Mexico. He stole north to join his brothers in the great adventure that migrants share. He found plenty of work and made steady wages. But he found that life here was much more expensive than at home, and there are many more ways to dispose of one's earnings.

Once struck down by that little virus, José couldn't work to afford insurance. He couldn't work to afford health care. He couldn't work to afford another man's heart. He could only afford to die.

The state does have emergency funds for such situations. Not everyone plans well, and many people have astonishingly bad luck, so the state provides emergency medical coverage for its citizens. But José was not a citizen. He worked hard, he paid taxes, but he was "illegal." The Medical Center of the Universe has an ethics committee for such disturbing times and accountants who direct decisions. So back to our town came José.

That was three years ago. He defied our every effort to convince him that the amount of blood pumped out of his heart was incompatible with human existence. Returning to his home state of Michoacan, José sought out a famed local herbalist. He drank the herbalist's tea three times daily, and he got better. He ran out of the tea, and he got worse. When I visited the state of Michoacan, I found the same herbalist and brought José a three-month supply of the magic tea. José improved to the point where he even returned to work, labeling apple bins in the orchard. He watched the birth of his son, José Junior, and he watched his son learn to walk.

José would come and go from our clinic, sometimes better, sometimes worse. He never complained. He took the medicines we gave him, but he refused to go back to the Medical Center. His disease was a burden to be tolerated with forbearance. He took it as it came and allowed us to worry for him.

Three days before his death, he came into the clinic complaining that he could not see. He looked horrible. His liver and kidneys were both failing, and he was bright yellow with jaundice. An ophthalmologist evaluated José and concluded that he was blind because his heart was too weak to push blood up to his eyes.

I saw José the next day. He was carrying a bottle of day-glow yellow Gatorade. In one of those horribly inappropriate comic moments, I suddenly flashed on a TV commercial with a bunch of athletes all drinking blue Gatorade, their sweat the same color blue. José was the same day-glow yellow as the drink in his hand, and I burst out laughing. José smiled when he understood the likeness. I asked him how he felt, and after another tortured paroxysm of coughing, he swigged his Gatorade and said, “Fine.”

I told him that his liver and kidneys were dying and offered to admit him to the hospital to keep him comfortable. He preferred to go home. He had a wife, a child, and his brothers there. I made it plain that if he were at all uncomfortable, we had medicine to comfort him. His brothers’ eyes welled up with tears; they nodded and wheeled him out of the clinic.

I wonder now if we actually can savor moments when we know they are scarce and fleeting. Does time pass more quickly or more slowly for someone who’s dying? The glances, and smiles, and snuggles—how do we cherish them when they may be our last? Do we ponder our passing, or do we live absolutely in the present, avoiding thoughts that tarnish the moments we have left? José had the answer, but as I stroked his hair in the emergency room Sunday morning, he could not share it with me. He was not yet cold, but he was dead. He died quickly, and he did not complain.

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SOCIAL ISSUES

Not least among the unique characteristics of the Far West's agricultural workforce is the mix of long-time farm families and the influx of migrant workers. Different populations of agricultural workers contend with different challenges, and each group's perspectives in turn pose challenges for researchers.



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Correlates of Depression among Mexican Migrant Farmworker Mothers and Fathers

- Nora Coronado

Anecdotal evidence has focused attention on the incidence of depression among farmworkers and the effects of parents' mental health on child rearing and well-being. As part of a longitudinal study of migrant farmworkers in South Texas, we examined the correlates of depression among fathers and mothers of children in Head Start programs. The demographics of mothers and fathers were similar: the majority of studied individuals were low-income, married, and Spanish-speaking (roughly 25 percent were bilingual); the proportion of fathers who were married (98 percent) was higher than that of mothers (88 percent). Using a battery of psychological tests, the study examined depression, levels of social support, mastery (control felt over one's life), self-esteem, family stress, and problems in life conditions.

The fathers scored below the norm for the general US population in depression risk; only 3 percent scored in the range of "severe" depression. Factors that might help protect fathers from depression include marriage, spirituality, and a feeling that life in the United States is better than in Mexico. It is also possible that the test we used in this study may not reveal depression among migrant men as well as, perhaps, a measure of anxiety would. Among mothers, a far larger share (23 percent) scored in the range of "severe" depression, and this share was larger than that among the general US population.

Previous research has suggested that children of mothers who are depressed are at risk for social and cognitive delays that may influence later academic achievement. When a parent is depressed, he or she may be more, irritable, angry, or neglectful, attitudes that can erode the parent-child bond. Yet limited research on depression among migrants has hampered development of potential intervention strategies, as well as of policies and funding for mental health services within this population.

Limited research on depression among migrants has hampered development of potential

intervention strategies

Farm Parents' Attitudes toward the North American Guidelines for Children's Agricultural Tasks

- Steven Neufeld

Children typically begin farming at an early age, yet farming ranks as one of the nation's most hazardous occupations. In 1998 children suffered some 15,000 injuries from farmwork, which often involves operating heavy machinery. Working with farm safety and child development experts, the National Farm Medicine Center in Wisconsin has developed guidelines meant to delay children's introduction to farmwork. What do farm parents think of these North American Guidelines for Children's Agricultural Tasks (NAGCAT) and their relevance to real life on the farm?

Many farm parents regarded NAGCAT's age benchmarks for particular tasks as too high. They also questioned their validity and usefulness; "it depends on the child," they said. Factors besides age—experience in particular—also matter. A child who grows up on a farm might be capable of safely driving a tractor at age 13, for example, while a "town" 18-year-old would have to "get up to speed" despite being older. Some parents found the guidelines useful as reminders of particular age-related abilities; many, however, felt the guidelines were "common sense." Parents also appear to differ from the experts in risk perception, believing that the risk of unintentional childhood farm injuries is slight and that farm practices involving children are safer today than in previous generations. Parents limit risk by supervising children; limiting work hours; restricting contact with large animals; and setting rules for when, where, and how to operate machinery.

Parents' values—which in some respects differ from those of safety experts—were also important in shaping their views of the guidelines. Farm parents value early childhood exposure to farm life as the principal way to raise a next farming generation; they also weigh farm safety against farm productivity; and in general, farmers are skeptical of government regulation. Some parents felt the guidelines contradicted these values and practices. Whereas safety experts operate from a risk-averse standpoint, assume that risk results from lack of information, and value scientific methods and knowledge, farmers naturally operate in a high-risk occupation, assume that they can manage risk, and value learning from experience. The contrasts reveal shortcomings in the guidelines and pose challenges to overcome in future revisions.



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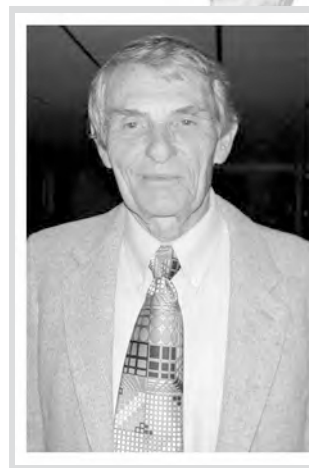
National Issues in Agriculture

- Richard Rominger, guest speaker

Dinner speaker Richard Rominger, farm owner and former deputy secretary of the US Department of Agriculture, outlined some present concerns in US agriculture, ranging from the weather—a spell of optimal weather that has produced surpluses resulting in low commodity prices—to security at national agricultural labs. Fear of catastrophic losses if foot-and-mouth disease should establish itself in the United States has curtailed the import of foreign livestock, and farmers worry about emerging and persistent crop diseases.

Trade tensions continue between the United States and Europe, particularly over Europe's import-export policies and its ban on genetically modified crops. Farmers also blame government policy, not food shortages, for malnutrition at home. They would like to see the government provide more disaster relief for farmers hardest hit by uneven commodity pricing.

The physical as well as political interface between agriculture and conservation poses a number of urgent problems, including a potential loss of farm production capacity as urban sprawl encroaches on more farmland. Increasing forest fires cause smoke, erosion, and problems with fuel removal, especially near streams and urban areas. Public concern is growing over contamination due to pesticide-laden runoff from fields as well as excessive nitrogen from feedlots; dust, diesel fumes, and after-harvest burning of rice fields can produce human disease—causing particulates. On the other hand, legislation that rewards farmers for conserving water, soil, and wildlife is in place; crop fuels can help lessen dependence on oil; and certain agricultural practices increase the amount of carbon stored in plants and soil, mitigating global warming.



Richard Rominger
*Farmer and Former
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John Reganold
Professor
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University

Is There a Role for Pesticide-Free Crops?

- John Reganold, guest speaker

On the landscape of concerns about modern agriculture—among them, high costs and uncertain availability of energy and chemicals, loss of family farms, soil erosion, and pollution—is there a role for pesticide-free crops? Though organic crops may not be entirely pesticide free, they do have much lower pesticide residues than conventionally grown crops. According to Washington State University Professor John Reganold, the organic food sector has grown by 20 percent every year over the last decade; 5 to 10 percent of European farmers grow organically, 1 or 2 percent in the United States.

Three studies, two in Washington State and one in New Zealand, compared the sustainability of organic and conventional farming. To qualify as “sustainable,” a farm has to produce adequate high-quality yields and be economically viable, environmentally safe, resource conserving, and socially responsible. Results from these studies showed that organic farming lost less topsoil to erosion, resulted in healthier soils, and yielded less or the same as conventional counterparts. Moreover, organic crops were equally profitable (New Zealand) or more profitable (Washington apple farms, after six years) than conventional crops. Organic farms were also the least environmentally harmful and more energy efficient than conventional farms. Overall, organic farms ranked above conventional systems in sustainability. In Reganold’s view, organic systems are viable and better for the environment than conventional systems because they offer good yields of high quality, they can be profitable, and they benefit soils while detracting minimally from environmental quality.

Organic systems are viable and better for the environment than conventional systems





BUILDING RESEARCH CAPACITY AND PERFORMANCE

As any working scientist will attest, researchers are called upon not only to do research but to raise money, talk to reporters, and account for the effectiveness of their work. Three speakers offered their best advice for doing these things well.



Alternative Funding for Your Center

- Don Villarejo

Private philanthropic foundations got their start early in the twentieth century, at about the same time as the national income tax, when the Rockefellers developed a way to shelter wealth in a respected institution. Today private foundations provide the lion's share of funding for US nonprofits, a.k.a. 501(c)(3)s or nongovernmental organizations (NGOs), like the California Institute for Rural Studies.

The heart of obtaining private foundation funding is telling the story of your project—in three sentences and 30 seconds. Be sure to have a mission statement: What are you trying to do? How will society benefit? What is the minimum level of funding you are willing to accept? Memorize your pitch before you approach a foundation.

Then do your homework. Foundations look for practical, action projects, not basic research. Find out prospective foundations' priorities, their program officers, their past and current grantees. Network. Check Web sites. (The Foundation Center, at www.foundationcenter.org, has a variety of resources for grant seekers.) Most important, find a way to meet with the program officer responsible for the foundation's grant making for your field. All successful fund raising is done face to face with the program officer. Be persistent: leave phone messages 20 days in a row if you have to, and be ready to travel to the foundation offices. Writing a grant proposal is often the last steps getting in the door is the crucial first.

Working with the Media

- Sandra Hines

In May 2001 the University of Washington was on the front pages of every major newspaper—but for the wrong reason: arson at the Center for Urban Horticulture. The incident and its media coverage illustrate well the uncertainties of working with the media and kept the news office busy: “When news breaks, we fix it.” We did get out the message that the research targeted by the arsonists was traditional cross-breeding, not genetic engineering. But we did not get out the message that using genetically altered trees for research is a legal and useful tool. Even the news office doesn’t always have as much control over what’s reported as it would like.

Still, working with the media has many benefits; in addition to bringing relevant and important research findings to the public, broad, well-done reporting can catch the attention of funders, motivate changes in behavior (e.g., articles on health), and inspire laypeople and professionals alike.

Key tips include: keep your message simple, be clear and accurate, repeat your key message, mention who supports your research, correct errors right away, and assume that anything you say will show up in tomorrow’s newspaper.

Keep your message simple



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Evaluation throughout the Life of your Project

- Linda M. Goldenhar

To determine how effective a safety and health intervention program is, plan and carry out an evaluation of the intervention right along with the intervention itself. Such intervention research consists of three interdependent phases (developmental studies, implementation studies, and effectiveness studies) and five primary research tasks (assess need for an intervention, develop partnerships, choose methods and designs, do the work, and report and disseminate the results).

In the developmental phase, decide on an intervention strategy and fit it to the context of interest. Ask questions such as, What changes are needed to enhance the health of the target population? What are the best ways to bring about these changes? How much does the target group already know? Are there any occupational safety and health guiding principles?

The implementation phase should systematically document how an intervention is carried out—its quality, comprehensiveness, intensity, frequency, and duration. Who and how many people were reached? How often? Did the content and methods of the intervention meet expectations? Thorough data gathering at this stage allows improvements in the intervention itself and helps in later evaluation of the intervention's effectiveness. Finally, the effectiveness phase answers the question, Did the intervention program do what it was supposed to do? Did it reduce worker exposure to hazards, enhance worker knowledge, have any unintended consequences?

The five research tasks come into play throughout the three intervention and evaluation phases. Assess the needs of the target population; look at the literature to see what's been done before. In partnership with those who might be affected by the intervention's outcome, decide what is the outcome objective or objectives (e.g., reduce exposure to pesticides) and how it will be met. Choose the most feasible, ethical, and legal study design: experimental or not? Then do the research. When your data have been collected and analyzed, don't forget to report the results to the intervention participants, to all interested stakeholders, and to other occupational safety and health researchers.



BREAKOUT SESSIONS

Conference participants with similar interests—field studies, evaluation of education and training programs, and respiratory diseases—gathered into three “breakout” groups, which allowed them to meet one another and to discuss topics in a loosely structured setting.



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Field Studies: Challenges and Best Practices

- Matthew Keifer

Led by Matthew Keifer of PNASH, this group touched on population-based studies, environmental monitoring studies, quality-assurance/quality-control (QA/QC) studies, and regulatory compliance. Most of the discussion concerned population-based studies, which are the most common, and often the most challenging, type of field study.

In agricultural settings, population-based studies usually center on field workers, their children, or both. Working with either group poses special challenges. Some of these challenges arise in any population-based study; others are specific to the studied group or subject. Gaining access to potential subjects, engaging their willing participation, and retaining them can all present stumbling blocks. Recruitment can start in schools, churches, community events like soccer games, clinics, Head Start programs, and migrant housing centers. But adult field workers, many of whom are undocumented, may be hard to recruit because they fear discovery, so researchers may have to approach employers instead. Agricultural extension agents, who are usually growers' trusted advisors, can greatly help health researchers with access by explaining research benefits to growers and employers. For children, institutional review boards may limit what researchers can study. In one attempt to research child injuries by contacting parents of injured children, participation was low, perhaps because the parents felt guilty over their child's injury. In any event, retention of participants is better in parent-child studies when parents and their children take part together.

Evaluation of Educational Programs

- Sonja Brodt & Vickie Buchan

Program evaluation is, or should be, a central component of occupational health education, research, and intervention. Stressing that evaluation ought to be developed right along with the rest of any project, Sonja Brodt of UC Davis and Vickie Buchan of Colorado State University offered their session's attendees practice using a standard evaluation model to assess an agricultural education program. This model starts with development of clearly written, specific, and measurable outcome objectives; next these objectives are organized logically according to long-term and near-term project impacts, project deliverables, and the activities for accomplishing each deliverable. Researchers then establish performance indicators for each objective and identify data sources and evaluation methods. In small group sessions, participants tackled an education program suited to their interests—for example, a train-the-trainers project involving Californian and Mexican stakeholders—and made a start at developing their own evaluations.

Respiratory Disease

- Marc Schenker

Facilitator Marc Schenker from UC Davis began by listing key respiratory issues related to agriculture. These ranged from the rising incidence of diseases such as asthma and tuberculosis; to toxins such as mold-preventing fogs used in greenhouses; to dusts of all kinds, from ammonia to kaolin in apple orchards. Unlike pesticides, these harmful irritants are not generally regulated, and neither are there widely adopted safety practices to protect workers. How to deal with such “off-the-radar” issues? Partnerships across sectors emerged as a promising approach, between agencies including the Environmental Protection Agency, clinics, agricultural centers, and farmers, for example. Surveillance and assessment—identifying the problem—were mentioned, as were fines. But a couple of participants stressed the importance not only of identifying the problem but also of suggesting constructive solutions. Surveillance ought to guide research to bring about solutions, and these solutions would need collaborations across sectors.



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COLLABORATIVE PARTNERSHIP PANELS AND DISCUSSIONS

Before the Coeur d'Alene gathering, conference organizers set up a framework to bring West Coast agricultural researchers together in collaborations that they hoped would flourish afterward. Five groups—focusing on injury epidemiology, ergonomics, engineering and technologies, risk communication, and interventions to reduce pesticide exposure and illness—were to develop proposals for collaborative research projects, present them to attendees, and solicit feedback. Each panel took its own approach: some groups brainstormed; some stressed forthcoming proposals. The resulting talks spanned the gamut of important issues in agricultural health and safety.

Injury Epidemiology

This panel touched on three aspects of epidemiological research: the role of the studied community, collaboration along the West Coast, and the pluses and minuses of using existing databases of worker diseases and injuries. According to Steve McCurdy, community advisory boards can smooth the way for epidemiological research by providing ideas, clarifying community perceptions and possible differences with those of researchers, and helping to avert misunderstandings if a study reveals results that the community doesn't expect. In collaborative ventures, panel member Matt Keifer noted, evaluation of interventions is particularly important, and any controls that are developed should be shared for replication or evaluation in other regions. Session participants also mentioned benefits of closer links between epidemiological studies and compliance systems and the importance of looking at gender differences in the occurrence of disease and injuries.

Discussion centered on the value of using existing administrative databases—such as Washington State's Department of Labor and Industries' compilation of workers compensation claims—for research. But although available and comprising a tremendous amount of information, administrative databases are not designed for research and so may not meet researchers' needs. Data quality can be uneven; researchers may need approval from the parent agency or insurance company for access; and help from an expert user may be required to navigate the database.

If researchers show agencies and insurance companies that good data, and research access to good data, can help reduce injuries and claims costs, then existing databases might become more compatible with research. Commented one participant, "This is the beginning, not the end." Indeed, McCurdy is planning injury epidemiology studies using California's agricultural statistics database and its hospital discharge database.



Panel: Stephen A. McCurdy (leader, University of California, Davis), David Bonauto (Washington Department of Labor and Industries), Matthew Keifer (University of Washington), Reuel "Monty" Paradis (Washington Department of Labor and Industries), Hal Stockbridge (Washington Department of Labor and Industries)

Ergonomics

Few people fully understand what it takes to bring food from farms to their tables, much less what's needed to get it from the fields to trucks. A short video in this session opened many attendees' eyes: agricultural workers harvest food fast, and musculoskeletal injuries often result. Yet the risks of such injuries have not been adequately quantified.

Peter Johnson reported on some of the hardware and software used to assess exposure to repetitive musculoskeletal strain. He noted that exposure outcomes are a function not only of particular activities but also of activity patterns throughout the day: can work patterns be optimized to minimize injury? Remarking that safety and productivity are essentially synonymous, Kailash Kapur described a six-step method drawing on epidemiology, nursing, and engineering interventions to identify and prevent injuries in Northwest orchards. Steve Russell and Lori Winnemuller have applied Washington State's ergonomics rule to assess musculoskeletal exposures among fruit packers and to identify research opportunities and validate ergonomic interventions; they stress the importance of looking first to change the ergonomics of a situation rather than workers' behavior. Jeffrey Woldstad has used biomechanical modeling of the neck and shoulder to examine how handwork develops into cervical injuries. And Fadi Fathallah and his University of California colleagues have developed a number of engineering interventions to reduce musculoskeletal disorders among workers at plant nurseries and vineyards.

The panel proposed—and is now working on—a collaborative project involving Oregon State, UC Davis, and the University of Washington to identify and record musculoskeletal disorders in the West Coast migrant worker population and to assess exposure using a commodity- and task-based approach. The project aims to develop and implement a unified exposure assessment in the West's top labor-intensive commodity industries and to set priorities for interventions. Anticipated results include a ranking of high-risk commodities; clarifying the relationships among exposure, symptoms, insurance records, and OSHA's and others' records; information that could help determine, by commodity, the cost of injuries; and priorities and justifications for interventions.



Panel: Patrick O'Connor-Marer (leader, University of California, Davis), Patricia Boiko (University of Washington), William Krycia (California Occupational Safety and Health Administration), Karen Snyder (University of Washington), Jennifer Weber (University of California, Davis)

Engineering and Technologies to Aid the Researcher

When it comes to agricultural health and safety, technology can help both workers and researchers: it can enhance worker productivity or solve some ergonomic problems, and it can open up new research topics. But technology can also create new problems, and it has limits in field situations.

Agricultural safety and health research can make use of technology for information management, as through handheld devices or bar coding. Technology can help detect and measure everything from physical force or position to biological endpoints such as urinary metabolites of pesticides. It can ease process change and control by means of “smart” equipment and fault-tolerant designs or improved biomechanical interfaces. And new technologies can improve protective equipment.

Even in the field, new devices promise some reduction in paperwork. Digital data entered directly into a database are more easily shared, tracked, organized, and stored than paper records. New personal digital assistants, or PDAs, like Palm Pilots or Pocket PCs now have many of the advantages of full computer systems contained in pocket-sized boxes, which stand up in harsh weather as well as many researchers. Using such devices in the field can reduce damp (and heavy) paperwork and eliminate some data entry steps back in the lab; with add-ons like GPS receivers, digital voice recorders, or digital cameras, PDAs can be powerful portable research centers. But widespread adoption of new devices may be hampered by barriers such as costs, perceived researcher interference or imposition of some “newfangled thing” on familiar routines, and the inevitable learning curves for specific applications.



Panel: Michael Yost (leader, University of Washington), Bradford Baugh (Washington farm owner), Rebecca Domingo-Neuman (University of California, Davis), Kiyoun Lee (University of California, Davis), Rick Neitzel (University of Washington)

Some collaborative project ideas to develop technological usefulness in agricultural safety and health research include adoption of a standard framework for job hazard analysis in the West; sharing of information management tools, such as Palm-based questionnaires or inspection forms (a collaboration now under way between the University of Washington and UC Davis); and using the Web for sharing research technology. Panel members left the audience with food for thought: What incentives can be offered to increase adoption of useful technologies? How can researchers best engage growers and workers? How can they identify new and useful technologies? And how should researchers select “appropriate technologies,” as opposed to the “best available” or “preferred uses”?

Interventions to Reduce Pesticide Exposure and Illness

Panel members presented a number of innovative projects, aimed at health care providers as well as workers, to reduce pesticide exposure and illness among agricultural workers and their families. Tim Stock described a learning-by-doing program, held at three locations in Washington, designed to improve farmworkers' pesticide-handling techniques. Workers practiced safe techniques using props and equipment; they learned how to mix and load pesticides safely, how to clean and care for equipment, how to use personal protective equipment, and so on. Cheryl Hanks approaches pesticide exposure from the health care provider side, with outreach to emergency rooms, clinics, schools, and licensed daycare providers. The goal is to help these groups recognize pesticide-caused symptoms and the potential for exposure, for example, in schools or with particular crops.

Kathy Pitts presented a unique way to reach Hispanic farmworkers in eastern Washington: a theater project begun in 1998. Researchers first assessed workers' most urgent health and safety needs and developed plays' covering those issues. They tested workers' health and safety knowledge before and after performances and found that workers scored higher after the performances. Although agricultural safety theater would not be easy to mount and sustain long term, it is a promising and effective communication tool for low-literacy populations.



Panel: Gloria Coronado (leader, Fred Hutchinson Cancer Research Center), Cheryl Hanks (Washington Department of Health), William Lambert (Oregon Health Sciences University), Helen Murphy (United Nations Food and Agricultural Organization), Kathy Pitts (Eastern Washington University), Tim Stock (UC Davis)

Pesticide exposure interventions can benefit not only workers but also their families; conversely, interventions can be more effective when they involve the families as well as workers. According to Helen Murphy, schoolchildren in Southeast Asia learned to survey their communities on pesticide hazards and health effects and to report the results to their families; the same people who were surveyed had to come up with ideas for reducing risk. William Lambert has worked on projects in eastern Oregon to reduce pesticide exposure in preschool children of farmworkers and in teenage workers. Videos shown to parents and children, plus deep carpet cleaning, shoe boxes, and mats, proved effective interventions among Migrant Head Start families. Similarly, age-appropriate tools, such as computer programs and peer trainers, have helped raise awareness among teens of pesticide risks.

These success stories led panel members to propose a number of collaborative projects. A “signs and symptoms” project might target workers and physicians. For workers, training might involve reading pesticide labels and English-as-a-second-language classes; for physicians, more outreach highlighting symptoms of exposure. A student-produced video project could assess pesticide sources and levels within a community and generate community-identified ways to reduce risks, something like the work in Southeast Asia. Drama clubs might even be encouraged to produce a play or two about exposure risks.





POSTER BRIEFS

The Effect of Data Quality on Case Determination for Pesticide-Related Illness among Agricultural Workers

- Judith A. Bardin, Washington State Department of Health

Suspected cases of occupational and non-occupational pesticide illnesses are referred to the Washington Department of Health Pesticide Illness Monitoring System. Of cases reported for agricultural workers in 2000, only 16 percent received an initial diagnosis indicating pesticide exposure; diagnoses of eye and skin conditions were more common. After case-by-case departmental investigation, however, the share of pesticide-related cases rose to 52 percent. In 34 percent of cases, the department could not determine whether pesticide exposure played a role. Successful determination was most likely when cases were reported in a timely manner. These findings underscore the need to report suspected cases quickly and to educate health care providers continually in how to recognize pesticide-related injuries.

Work-Related Fatalities in Washington State

- Martin A. Cohen, Safety and Health Assessment and Research for Prevention (SHARP) Program, Washington State Department of Labor and Industries

The Washington State Fatality Assessment and Control Evaluation (FACE) Program tracks work-related fatalities, investigates selected fatal incidents, and develops and disseminates prevention activities. Each year approximately 100 workers are killed on the job in Washington, approximately 10 each year in agriculture. The fatality rate for agriculture, forestry, and fishing collectively (17 fatalities per 100,000 workers) is five times the statewide average. The majority of these incidents stem from motor vehicle collisions, machinery, and drowning.

New System for Laboratory Dust Generation Using Soils

- Rebecca Domingo-Neumann, University of California, Davis

Soil dust is a major factor in respiratory problems among agricultural workers, but sampling of soil dust in the field can be difficult. To provide laboratory dust samples for chemical characterization and for experiments with inhalation exposure, we developed a dust generator consisting of a rotating chamber, where soil samples were loaded, and a settling chamber, where airborne soil dust samples were collected. X-ray diffractometry and energy-dispersive x-ray analyses showed that mineralogical and chemical composition were similar in field and laboratory dusts derived from the same agricultural field, suggesting that this laboratory dust generator provides reliable soil-derived dust samples.

Integration of GPS/GIS with Biological and Environmental Monitoring in a Sampling Plan to Characterize Children's Exposure to Methamidophos

- Kai Elgethun, Department of Environmental Health, University of Washington

Predicting pesticide exposure in children requires tracking where they go and what they do throughout the day. We are constructing an exposure profile of children during and after an aerial pesticide spraying of the organophosphate pesticide methamidophos on russet potato fields in eastern Washington. GPS personal acquisition loggers (GPS-PALs) successfully tracked children's movements within their community, and global information system (GIS) software enables us to map their positions in relation to sequence and location of exposure events. Further data from a survey; hand, surface, and object wipes; urine monitoring; and air and deposition sampling provide estimates of exposure levels and pesticide metabolites. Our goal is to delineate the amount of pesticide drift and potential areas of exposure during and after spraying and to locate children in space and time relative to contaminated areas.

Evaluating the Communication of Farm Safety Information through Community Theater

- Pamela Elkind, Center for Farm Health and Safety, Eastern Washington University

We evaluated the effectiveness of a theater project in educating Hispanic agricultural workers and their families about urgent farm health and safety issues. The workers' community was involved in developing plays, performed in Spanish, at festivals or fairs or in mandatory safety training for employees. Analysis of quantitative and qualitative data before and after the plays suggests that workers do retain the health and safety information the plays present and that this new knowledge can change behavior. Responses from workers, growers, community members, and community groups indicate that the program responded successfully to the farmworkers' health and safety needs. Live theater thus offers another safety training tool specifically designed for the Hispanic agricultural workforce.

Pacific Northwest Agricultural Safety and Health Center

- *Richard Fenske, Pacific Northwest Agricultural Safety and Health Center, University of Washington*

The PNASH Center aims to improve the health and safety of workers in farming, forestry, and fishing throughout Alaska, Idaho, Oregon, and Washington. The center's work emphasizes injury and illness prevention, health promotion, and integration of health and safety activities across the Northwest. The growing center continues to build an infrastructure and networks for research, education, and evaluation of model programs to prevent illness and injury among agricultural workers and their families. These efforts are undertaken with special emphasis on populations such as hired farm laborers, other ethnic minority workers, women, and children.

A Fast-Response Inclinometer for Use in Characterizing Posture and Movement during Agricultural Work

- *Peter W. Johnson, Pacific Northwest Agricultural Safety and Health Center, University of Washington*

Measuring fast movements accurately is key to assessing the risk of occupational musculoskeletal injury. This study tested and characterized the performance of a prototype device consisting of two accelerometers (inclinometers) and one piezo-ceramic gyro, called a Flexion Angle Sensor with Gyro (FAS-G). The prototype performed accurately in tests of static angle measurement and outperformed conventional inclinometers in tests of dynamic swing. The dynamic response of FAS-G will allow measurement of movement velocities and accelerations and may have applications in agricultural ergonomics.

National Institute for Farm Safety

- *Tom Karsky, Biological and Agricultural Engineering Department, University of Idaho*

The National Institute for Farm Safety (NIFS) is a nonprofit, voluntary organization dedicated to reducing the rates of death, injury, and illness in agriculture. Comprising safety and health professionals and interested organizations, NIFS was formed in 1962 to provide a structure for the professional development of its members. The organization also initiates safety directions and reviews safety issues.

Behavioral Risk Factors among Female Hispanic Agricultural Workers in California

- Olivia Kasirye, Center for Health and the Environment, University of California, Davis

Among Hispanic women receiving prenatal care in California, we evaluated behavioral factors that might raise the women's risk of adverse reproductive health outcomes. Our study compared the demographics, occupations, and behavioral risk factors among agricultural workers, workers employed in nonagricultural jobs, and women who had never worked. Farmworkers were less likely to be born in the United States than non-farmworkers or nonworkers. Farmworkers were also less likely to continue working during pregnancy than non-farmworkers. In addition, female Hispanic farmworkers were less likely to have ever drunk alcohol, smoked, or used drugs and less likely to drink or smoke while pregnant. Overall, they thus had better profiles for reproductive-health-related behavioral risk factors than non-farmworkers.

Biomonitoring of Concurrent Carbaryl & Guthion Exposures during Apple Thinning and Suckering in California & Washington

- Robert Krieger, Department of Entomology, University of California, Riverside

Workers were monitored for pesticide exposure during apple tree thinning and suckering. Absorbed daily dosages of carbaryl and guthion were five to seven times higher among California workers than among Washington workers doing the same tasks. Dry, hot California field conditions were associated with the higher worker exposures.

Urinary Creatinine Measurements Minimize Differences between Children and Adults in Exposure to Organophosphate Insecticide

- Robert Krieger, Department of Entomology, University of California, Riverside

Concentrations of urinary creatinine have long been used to estimate absorbed daily dosages of short-lived chemicals, such as organophosphate insecticides, from metabolite biomarkers in spot urine samples. Urinary biomarker concentrations are compared against norms of excreted creatinine: 1.7 grams creatinine per day for males and 1.0 gram creatinine per day for females. But because of their much smaller muscle mass, children excrete much less creatinine than adults. Consequently, studies that do not take children's smaller muscle mass into account overestimate their pesticide exposures. This finding has important implications for risk assessment, health policy, and regulation but is of little significance to the health of the exposed persons.

Occupational Exposure of Agricultural Workers in Costa Rica

- Kiyoungh Lee, *Epidemiology and Preventive Medicine, University of California, Davis*

In a cross-sectional epidemiological study, we examined the association between exposure to the herbicide paraquat and respiratory health effects among agricultural workers on Costa Rican banana, coffee, and palm oil farms. We used questionnaires and exposure assessment, including measurement of inhalable dust. Paraquat levels were very low in the urine of workers who did not handle the herbicide. Among paraquat handlers, urinary concentrations of the chemical were significantly higher on spray days than either before or after spray days. Personal protective equipment was used on banana and palm oil farms, and rarely on coffee farms; dust exposure on banana and palm oil farms was slightly higher than on coffee farms. Exposures were about two times higher on sunny days than on rainy days.

Hands-On Pesticide Handler Training

- Karen M. Lewis, *Cooperative Extension, Washington State University*

A partnership of the Washington State Department of Agriculture, Washington State University, and the Washington Grower's League held three hands-on training events for pesticide handlers— workers who mix, load and apply pesticides—employed in Washington's tree fruit industry. The training, in English and Spanish, covered personal protective equipment, mixing and loading, leaks and spills, clean-up and disposal, and worker protection standards. All participants indicated that the training increased their previous skills or knowledge in all topics, with the greatest increase in skill reported for managing leaks and spills.

Free National Library of Medicine Resources for Agricultural Health and Safety

- Sarah McCord, *Health Sciences Library, Washington State University*

This exhibit showcased the many free databases and other resources available from the National Library of Medicine, including old favorites like MEDLINE and TOXNET, as well as new resources such as MEDLINEplus and HazMap. On display were handouts, bookmarks, and other educational materials for providers and consumers, including material in English and Spanish.

Agricultural Injury among Rural California High-School Students

- Stephen A. McCurdy, Western Center for Agricultural Health and Safety, University of California, Davis

We are observing patterns of work and injury over time among rural California high school students (predominantly white males) attending schools with programs in agricultural studies. Thirty-six percent live on a farm. More than 90 percent agreed or strongly agreed that safety precautions were important and necessary, even if they slowed tasks. Fifteen percent reported an agricultural injury within the preceding year that required medical attention or led to missed or restricted work or school time. Injury was associated with living on a farm, current smoking, and chewing tobacco. Machinery and animal work were the most common activities associated with injury; seatbelt wearers had lower injury rates. These results suggest that prevention programs should center on males, smokers, and tasks involving machinery or animals.

Farmer and School Children Epidemiologists:

Self-Studies on the Health Effects of Pesticides as a Health Education Strategy

- Helen H. Murphy, Programme for Community IPM, United Nations Food and Agricultural Organization

Farmers and school children in Southeast Asia learn how to conduct surveys within their own communities on the hazards and health effects of pesticides. They interview and observe fellow farmers or parents in pesticides in use, which they classify by World Health Organization health hazard levels and chemical family; amounts of pesticide solution used per farmer per year; exposure routes; household pesticide storage and disposal hazards; and signs and symptoms of pesticide poisoning before and after sprayings. The results are subsequently presented back to the community for discussion of risk reduction. Such strategies have helped to improve the safety of pesticide spraying, storage, and handling (Thailand); to document unreported cases of pesticide poisoning (Vietnam, Sri Lanka, Thailand, and India); and to reduce the incidence of moderate poisoning (Vietnam). These community-based studies create a tremendous demand for pesticide alternatives and, via such alternatives, have a dramatic impact on hazardous pesticide handling.

Pulmonary Effects of Inhaled Concentrated Fine or Coarse Particulate Matter in Rats

- Kent E. Pinkerton, Center for Health and the Environment, University of California, Davis

Particulate matter (PM) smaller than 10 μm (PM_{10}) is associated with increased respiratory disease. We exposed rats for several days to filtered air or to particulates smaller than 2.5 μm (fine PM) and to particles between 2.5 and 10 μm (coarse PM) at up to 40 times the ambient levels in Fresno, California. Such exposures to fine and coarse particles led to mild, but statistically significant, cellular effects in the lungs of healthy adult rats, including lowered viability of cells recovered by bronchoalveolar lavage in rats exposed to fine PM and increases in the number of these cells in rats exposed to coarse PM. These findings have significant implications for dry farming techniques used in California's Central Valley, which generate significant amounts of dust and combustion particles that workers inhale.

University of California, Davis, Farmer Health Study: The First Ten Years

- Marc B. Schenker, Western Center for Agricultural Health and Safety, University of California, Davis

UC Davis's Farmer Health Study was established in 1993 to determine the prevalence of and risk factors for acute and chronic disease in this cohort of California farm operators. The study also documents changes in work practices and occupational risk factors and identifies how these affect the cohort's health as it ages. In 1993, 1,947 (73.8%) of randomly contacted, eligible farm operators from a sample frame of 55,000 California farms completed a computer-assisted telephone interview. A subset of 374 farmers completed lung function and immunologic tests in the field in 1995–96. A nested case-base sample of farmers, and 802 spouses (81%), completed a computer-assisted telephone interview in 1998. In 2002–03 members of the 1995–96 respiratory subset will undergo a more intensive respiratory evaluation, including lung visualization using high-resolution computed tomography. A second follow-up questionnaire is planned for 2003–04, covering the entire cohort, including spouses and new wave of enrollment from the current sample frame of California farms. Among its findings, the study has identified risk factors for respiratory disease, such as exposure to inorganic dust; farmworker risks for injury; and risks for musculoskeletal symptoms. The study has also examined perceptions of farmers about the hazardousness of their work and their use of protective equipment known to reduce health hazards.

Western Center for Agricultural Health and Safety

- Marc B. Schenker, Western Center for Agricultural Health and Safety, University of California, Davis

The major goal of the Western Center for Agricultural Health and Safety is to improve the health and safety of farmers, farm family members, and farmworkers in western agriculture, in which practices and workforce differ from its better-studied counterpart in the Midwest. The center is organized into research, intervention and prevention, education, and administrative cores. Areas of specific interest include respiratory disease in dry-climate farming, ergonomic hazards of farm labor work, acute and cumulative trauma injuries, biomarkers and neurotoxicity of pesticide exposure, health status of hired farm workers, and economic and policy issues pertinent to agricultural health and safety. A team of 13 scientists plus co-investigators and support staff has been assembled. Center collaborations exist in Arizona and Hawaii, and an annual conference rotates between Davis and the PNASH Center in Seattle.

Transfer of Pesticide Surrogates to Skin Following Contact with Contaminated Surfaces

- René M. Showlund, Department of Environmental Health, University of Washington

Under the US Food Quality Protection Act, aggregate exposure assessments must be done for pesticides proposed for registration. To assess surface-to-skin transfers relevant to this law, adult volunteers in a series of trials touched their fingertips to surfaces loaded with fluorescent tracers as surrogates for pesticides. The trials investigated contact duration, contact pressure, surface tracer loading, surface type, contact scenario, skin moisture, and tracer solubility in water. Skin moisture and surface type most influenced the transfer of surface residues to the fingertips. Interaction between tracer solubility and surface type was also important, suggesting that more attention should be given to these variables in future analyses of surface-to-skin transfer.

Characterization of Workers' Exposure to Mixed Dust at a Vineyard

- Jodi L. Smith, Western Center for Agricultural Health and Safety, University of California, Davis

Agricultural work is inherently varied and cyclic. Errors in chronic exposure estimates may result when dust exposure assessments are made during one set of activities, such as harvesting, then extrapolated to other tasks and conditions. This study links activities with exposure levels during a complete cycle of vineyard operations, producing a task-exposure matrix that can be used to estimate yearly dust exposure and identify the factors playing an important role. So far, exposures appear to vary significantly with task as well as with temperature and humidity. Respirable dust is not significantly associated with inhalable dust. Harvest leads to the highest exposure to respirable dust; training young vines produces the highest exposure to inhalable dust. Dust exposure is higher in summer than spring.

Labor and Productivity

- Don Villarejo, California Institute for Rural Studies, Davis, California

Despite disproportionate declines in the amount of land devoted to agriculture in the eight states covered by PNASH and the Western Center for Agricultural Health and Safety, the Northwest and California are now responsible for a larger share of national farm production than they were 25 years ago. Most notable are large increases in fruit and vegetable production, a slowdown in the rise of ornamental nursery output, and the remarkable growth of dairy output. Some traditionally important commodities, such as sugar crops, grains, and cow-calf operations, have declined. Overall labor demand has also increased slightly. Worker compensation, for farm operators and for hired farmworkers, has failed to keep up with increases in productivity. Careful documentation of current practices in a dozen or so of the most important commodities would improve assessment accuracy for contemporary occupational risks.

Farm Exposures to Deposited Arsenic and Lead on Vashon/Maury Island, Washington

- Sarah G. Weppner, Department of Environmental Health, University of Washington

In response to requests from the local grower community, a small study was done of farm exposures to soil contaminants on Vashon/Maury Island. Urine samples were collected and tested for arsenic, and environmental samples, including soil, house dust, and root and leaf crop samples from nine farms, were collected and tested for lead and arsenic. Soil lead and arsenic were significantly associated, suggesting a common source consistent with airborne contamination from smelter emissions. No seasonal trends appeared in environmental levels of arsenic and lead or in biological levels of arsenic. Island-grown produce showed no higher levels of arsenic or lead in comparison with controls, and the island's soil, produce, and house dust did not seem to be dominant sources of exposure. Moreover, no clear evidence of elevated exposure to soil contaminants was found among island farmers and their families.

Standardization of Clinical Cholinesterase Measurements

- Barry W. Wilson, Departments of Environmental Toxicology and Animal Science, UC Davis

Blood cholinesterases are important enzymes for monitoring exposures to agricultural chemicals and nerve agents, but results from commonly used cholinesterase-monitoring assays are not consistently reproducible from one clinical laboratory to another. Our laboratory has developed assays that reduce such variability. In one split-sample study, for example, we compared our lab's assay results for red blood cell acetylcholinesterase (AChE) and plasma non-specific cholinesterase (BChE) with those from nine participating clinical labs and found that the results correlated poorly across laboratories (0.88 or above for four of five laboratories for BChE and 0.9 or above for only two of seven laboratories for AChE). To minimize this variability, we then devised and validated a red blood cell ghost AChE "standard." Our work helped to refine regulations under a California law requiring clinical laboratories to standardize their results, and we continue to work with selected clinical labs to demonstrate their regulatory compliance.

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