This course is intended to expose DEOHS undergraduate students to a broad range of environmental and occupational research, practice, and policy areas in order to assist them with career exploring and planning within the Environmental Health major. The course is also designed to help students prepare for their EH internship.

Meeting Times and Location:
Mondays, 3:30 - 4:20 p.m.
Room T-663 Health Sciences Center
Course Website: https://canvas.uw.edu/courses/915518

Course Coordinators
Charles D. (Chuck) Treser, Senior Lecturer in Environmental Health
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Trina Steerry, Undergraduate Program Manager
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Course Description
This course is designed to expose DEOHS undergraduate students to a broad range of environmental and occupational research, practice, and policy areas in order to assist them with career exploring and planning within the major. In order to connect students to practitioners and help learn about career options, some seminar sessions are presented by an invited speaker in the field of environmental and occupational health sciences. Additional sessions will focus on other areas of career planning including identifying interests, skills, values and influences, writing resumes and cover letters, and taking a proactive role in their educational and professional pursuits.

The course is also designed to help students prepare for their EH internship. The speakers invited to discuss career options also serve as examples of, and resources for, finding an acceptable internship position.

Learning Objectives
It is intended that at the completion of this course, each student will be able to:

1. Identify a range of possible career trajectories within environmental and occupational health sciences.
2. Develop an educational plan, based on understanding how their individual interests and abilities relate to their educational and career goals.

3. Through reflection and inquiry, identify actions to take in areas of their environmental health education, including interest areas, research, and internship / experiential learning.

4. Plan for their required internship and begin identifying and contacting potential internship sites.

Methods of Instruction

Discussions, guest speakers, and hands on instruction

Evaluation

1. **Grading:** The environmental health undergraduate seminar course is graded “Credit/ No Credit”. Credit is based on consistent participation in discussion, and reflections/assignments.

2. **Attendance:** Students are expected to attend the undergraduate seminar each week and to be fully engaged in the course presentations and discussions. If, for some legitimate reason, a student is not able to attend one or more of the seminars, s/he may be permitted to substitute another on-campus seminar or event that is related to the field of study. Contact professor for prior approval.

3. **Assignments:** Students are expected to reflect on the implications of each invited speaker session for their research and practice goals and share a written reflection assignment using Canvas Web Tools. Students will develop and present a working draft of their educational plan, including internship goals, as well as develop a resume for required internship.

Course Materials


Course Policies

1. **Written Assignments:** All written assignments must be typewritten and submitted electronically. Your reports will be graded on the substance of your report and on the effectiveness of its organization and presentation.

2. **Disability Accommodations:** The University is committed to ensuring facility and program access to students with either permanent or temporary disabilities through a variety of services and equipment. The Disability Resources for Students Office (DRS) coordinates academic accommodations for enrolled students with documented disabilities. Accommodations are determined on a case-by-case basis and may include classroom relocation, sign language interpreters, recorded course materials, note taking, and priority registration. DRS also provides needs assessment, mediation, referrals, and advocacy as necessary and appropriate. Requests for accommodations or services must be arranged in advance and require documentation of the disability, verifying the need for such accommodation or service. If you would like to request academic accommodations due to a disability, please contact Disabled Student Services, 448 Schmitz, Box 355839, (206) 543-8924, (TTY) 543-8925, uwdss@u.washington.edu. If you have a letter from Disabled Student Services indicating you have a disability that requires academic accommodations, please present the letter to me so we can discuss the accommodations you might need for class.
Autumn Quarter 2014  
Tentative Course Schedule

(NOTE: This schedule is still under construction and the list of lectures and assignments is subject to change.)

<table>
<thead>
<tr>
<th>Week No.</th>
<th>Date</th>
<th>Topic / Speakers</th>
<th>Preparation</th>
<th>Assignment</th>
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</thead>
</table>
| 1        | 09/24/14| Steps in Creating an Educational and/or Career Plan  
- Chuck Treser  
- Trina Sterry | Career Guide, Pages 1-9 | Reading: UW Experience         |
| 2        | 10/01/14| Networking / Social Media  
- T. Sterry          | Career Guide, Pages 10-14  
Identify at least three  
professional contacts  
you already have. | Reflection #1 - Networking |
| 3        | 10/08/14| Career Planning II  
- C. Treser  
- T. Sterry       | Career Guide, Pages 1-9 | Class Discussion  
-- Envisioning the future  
-- Assessing Yourself  
-- Action Steps |
| 4        | 10/15/14| Resumes & Cover Letters  
- C. Treser  
| 5        | 10/22/14| Interviewing Skills  
- Vic Snyder, Career Services | Career Guide, Pages 28-31  
Be prepared to be interviewed | Reflection #2 - Interviewing |
| 6        | 10/29/14| Careers in Environmental Health Panel: EPH Practice  
- C. Treser, Moderator  
- K. Chumm, (PH/SKC)  
- K. Couvrett (Starbucks)  
- C. Easterberg, (EH&S)  
L. French, (WA DOH) | Prepare at least one question to ask each of the panelist | Reflection #3 - EPH Practice |
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Event</th>
<th>Preparation</th>
<th>Reflection #</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>11/05/14</td>
<td>Careers in Environmental Health Panel: Health &amp; Environmental Science - C. Simpson, Moderator -- L. Gabriel (L&amp;I) -- Oleg Antonchuck (Boeing) -- Megan Yoshimoto (Consulting)</td>
<td>Prepare at least one question to ask each of the panelist</td>
<td>#4 - EPH Practice Panel</td>
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<tr>
<td>8</td>
<td>11/12/14</td>
<td>Careers in Environmental Health Panel: Biomedical Sciences - C. Karr, Moderator -- Deborah Milek -- Mary Miller -- Ada Otter</td>
<td>Prepare at least one question to ask each of the panelist</td>
<td>#5 - H&amp;E Panel Revise your résumé</td>
</tr>
<tr>
<td>9</td>
<td>11/19/14</td>
<td>EH Internship Panel: C. Treser, Moderator</td>
<td>Read ENVH 482 Syllabus</td>
<td></td>
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<tr>
<td>10</td>
<td>11/26/14</td>
<td>Students Presentations - EH Career Plan</td>
<td>Functional Résumé Career Plan</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>12/03/14</td>
<td>Students Presentations - EH Career Plan</td>
<td>Functional Résumé Career Plan</td>
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