

SHEWT Mentee Survey Results

How satisfied were you with:

	Matching process	Mentor's accessibility & availability	Mentor's support
Not at all satisfied	0 (0%)	0 (0%)	1 (7%)
A little satisfied	2 (13%)	2 (14%)	0 (0%)
Somewhat satisfied	6 (40%)	3 (21%)	2 (13%)
Very satisfied	3 (20%)	3 (21%)	6 (40%)
Completely satisfied	4 (27%)	6 (43%)	6 (40%)

After participating in this mentoring program:

	I feel more certain of my career path	My communication skills have improved	My problem-solving skills have improved	I feel better equipped to be a leader for safety at work	I have a better understanding of how gender and other identities (race/ethnicity, sexual orientation, gender identity, etc.) impact my work experience
Strongly agree	5 (33%)	1 (7%)	2 (13%)	2 (13%)	4 (27%)
Agree	6 (40%)	7 (47%)	6 (40%)	4 (27%)	6 (15%)
Neither agree nor disagree	4 (27%)	4 (27%)	5 (33%)	7 (47%)	4 (27%)
Disagree	0 (0%)	3 (20%)	2 (13%)	2 (13%)	1 (7%)
Strongly disagree	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)

How confident do you feel in your ability to:

	Work safely on your jobsite?		Ask for help at work when you need it?		Report a safety concern to your supervisor?		Talk to a coworker about the fact that they offended you?	
	Pre	Post	Pre	Post	Pre	Post	Pre	Post
Not at all confident	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	5 (33%)	3 (20%)
A little confident	0 (0%)	0 (0%)	2 (13%)	0 (0%)	3 (20%)	0 (0%)	3 (20%)	1 (7%)
Somewhat confident	6 (40%)	2 (13%)	1 (7%)	2 (13%)	2 (13%)	3 (20%)	0 (0%)	2 (13%)
Very confident	3 (20%)	6 (40%)	4 (27%)	6 (40%)	2 (13%)	5 (33%)	3 (20%)	3 (20%)
Completely confident	6 (40%)	6 (40%)	8 (53%)	7 (47%)	8 (53%)	6 (40%)	4 (27%)	6 (40%)

During the past six months, did you work without protection near:

		Never or almost never	Less than half the time	Half the time	More than half the time	Always or almost always
Dust or welding fumes?	Pre	5 (33%)	8 (53%)	1 (7%)	1 (7%)	0 (0%)
	Post	7 (47%)	5 (33%)	1 (7%)	1 (7%)	1 (7%)
Chemicals, acids, solvents?	Pre	12 (80%)	2 (13%)	1 (7%)	0 (0%)	0 (0%)
	Post	11 (73%)	2 (13%)	1 (7%)	0 (0%)	0 (0%)
High levels of noise?	Pre	7 (47%)	4 (27%)	3 (20%)	1 (7%)	0 (0%)
	Post	9 (60%)	5 (33%)	0 (0%)	1 (7%)	0 (0%)
Traffic or moving vehicles?	Pre	14 (93%)	0 (0%)	0 (0%)	1 (7%)	0 (0%)
	Post	14 (93%)	0 (0%)	0 (0%)	1 (7%)	0 (0%)
Materials/tools/ equipment?	Pre	11 (73%)	3 (20%)	1 (7%)	0 (0%)	0 (0%)
	Post	11 (73%)	3 (20%)	1 (7%)	0 (0%)	0 (0%)
Heights?	Pre	13 (87%)	2 (13%)	0 (0%)	0 (0%)	0 (0%)
	Post	12 (80%)	2 (13%)	0 (0%)	0 (0%)	1 (7%)
Work while tired?	Pre	2 (13%)	6 (40%)	5 (33%)	1 (7%)	1 (7%)
	Post	2 (13%)	7 (47%)	4 (27%)	0 (0%)	2 (13%)

Do you know who to report workplace injuries to?

	Pre	Post
Yes	13 (87%)	15 (100%)
No	1 (7%)	0 (0%)

If you got injured at work, how confident are you that you would report it?

	Pre	Post
Not at all confident	2 (13%)	1 (7%)
A little confident	1 (7%)	3 (20%)
Somewhat confident	3 (20%)	2 (13%)
Very confident	7 (47%)	6 (40%)
Completely confident	2 (13%)	3 (20%)

In last 6 months did you experience:

	Gender discrimination		Sexual orientation/ identity discrimination		Racial discrimination		Sexual harassment	
	Pre	Post	Pre	Post	Pre	Post	Pre	Post
Yes	7 (47%)	5 (33%)	5 (33%)	2 (13%)	1 (7%)	0 (0%)	7 (47%)	6 (40%)
No	8 (53%)	9 (60%)	10 (67%)	12 (80%)	14 (93%)	13 (87%)	8 (53%)	8 (53%)

Do you feel isolated at work?

	Pre	Post
No	6 (40%)	7 (47%)
Sometimes	8 (53%)	8 (53%)
Yes	1 (7%)	0 (0%)

Stress means a situation in which a person feels tense restless, nervous or anxious or is unable to sleep at night because their mind is troubled all the time. Do you feel this kind of stress at work these days?

	Pre	Post
Not at all	3 (20%)	4 (27%)
Hardly ever	6 (40%)	3 (20%)
Sometimes	4 (27%)	3 (20%)
Often	1 (7%)	5 (33%)
Very much	1 (7%)	0 (0%)

People report many different ways for dealing with work stress. Please rate how frequently you use the following strategies for reducing work stress:

		Never	Infrequently	Sometimes	Often	Very frequently
Exercising	Pre	1 (7%)	3 (20%)	3 (20%)	2 (13%)	6 (40%)
	Post	2 (13%)	3 (20%)	3 (20%)	2 (13%)	5 (33%)
Talking to friends	Pre	1 (7%)	4 (27%)	2 (13%)	4 (27%)	4 (27%)
	Post	1 (7%)	2 (13%)	8 (53%)	2 (13%)	2 (13%)
Distract self	Pre	0 (0%)	3 (20%)	8 (53%)	3 (20%)	1 (7%)
	Post	2 (13%)	2 (13%)	5 (33%)	6 (40%)	0 (0%)
Being with family	Pre	2 (13%)	2 (13%)	2 (13%)	3 (20%)	6 (40%)
	Post	1 (7%)	2 (13%)	3 (20%)	4 (27%)	4 (27%)
Prayer	Pre	6 (40%)	3 (20%)	3 (20%)	2 (13%)	1 (7%)
	Post	7 (47%)	4 (27%)	3 (20%)	0 (0%)	0 (0%)
Alcohol or drugs	Pre	8 (57%)	4 (29%)	2 (14%)	0 (0%)	0 (0%)
	Post	8 (53%)	4 (27%)	1 (7%)	1 (7%)	0 (0%)
Don't think about work	Pre	2 (13%)	2 (13%)	5 (33%)	4 (27%)	2 (13%)
	Post	3 (20%)	4 (27%)	5 (33%)	2 (13%)	1 (7%)