

Lesson Title: Health Unit Organizing Activity

Brief Description

This lesson can be used in the way it's written, or adjusted to a student activity for a variety of units.

Duration of the lesson: 50 minute class period

Learning Objectives

Teachers (or Students) will be able to:

- Identify the topics taught in the Health Course
- Describe how the Environment, Choices, and Genes impact health
- Identify connections between Environment, Choices, and Genes
- Apply all units, lessons and/or topics into the Health Venn Diagram

Resources

Teachers participating in the lesson can review their own district Health Lessons.

Students participating in the lesson can draw on what they remember learning about in Middle School Health.

Instructional Activities

1. Teachers will write down all of the lessons and/or topics on sticky notes.
2. Teachers will then be instructed to take those sticky notes on the Venn diagram where they believe it belongs (Environment, Choices, Genes).
3. Teachers will discuss:

- Why did you put the sticky note in the specific circle(s)?
- Why were there so many overlapping?
- How did they describe "Environment"?
- How can all Health curriculum fit within the Venn diagram?

Accommodations

If doing with Teachers, have them come with a curriculum outline.

If doing with Students, brainstorm as a group the lessons and/or topics they remember from Middle School Health.

Health Equation

