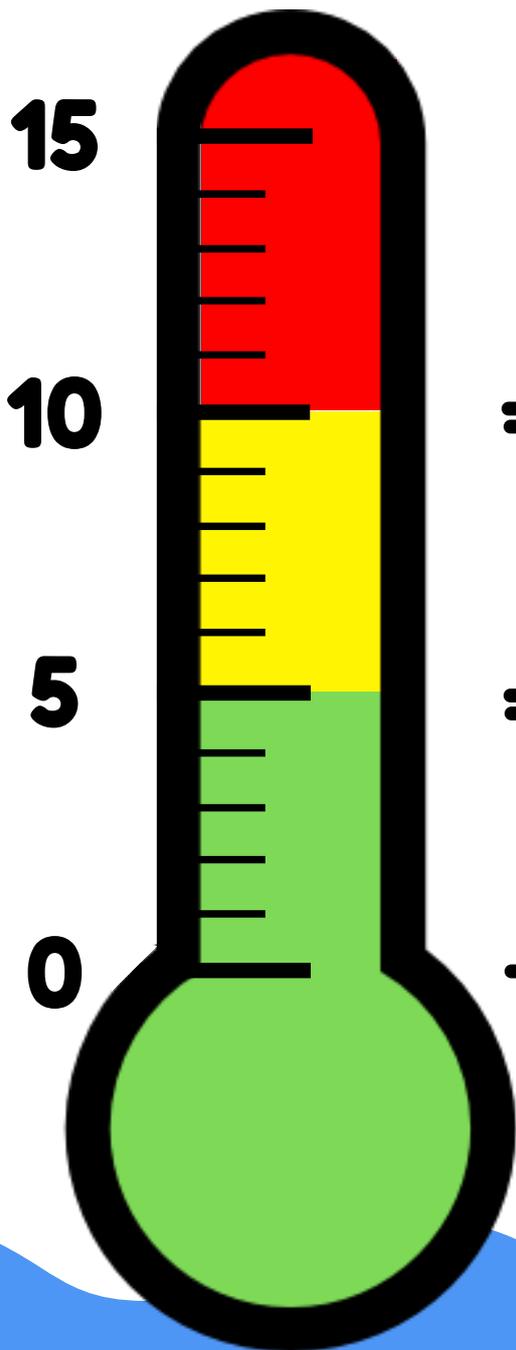


# Understanding Your Well Water Report

Nitrate

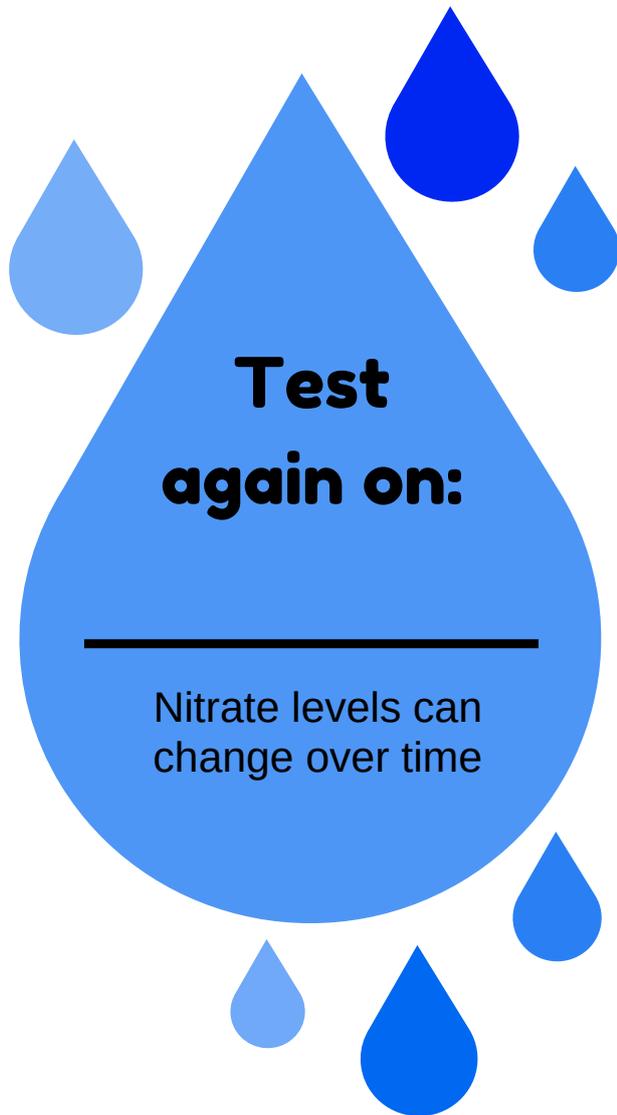
Nitrate Level (mg/L)



**Do not drink  
your well  
water**

**Test your  
well every 6  
months**

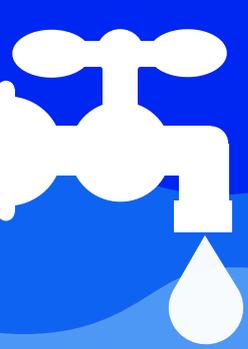
**Test your  
well every  
year**



Your nitrate level: \_\_\_\_\_ mg/L

Today's date: \_\_\_\_\_

Nitrate Level (mg/L)	What You Should Do
10 or more	Do not drink your well water
5 to 10	Test your well every 6 months
0 to 5	Test your well every year



# Understanding Your Well Water Report

## Nitrate

### How can I use my water?

Nitrate Level (mg/L)	 Drinking	 Cooking	 Bathing
10 or more	X	X	✓
5 to 10	✓	✓*	✓
0 to 5	✓	✓	✓

"Drink" by Creative Stall and "Pot" by Aif Aishad from nouriproject.com.

\*If your nitrate level is close to 10 mg/L, your water may not be safe for cooking. Call Yakima Health District to see if you can cook with your water.

### What can I do if my nitrate level is 10 mg/L or more?

For a long-term solution, you can drill a new well or connect your house to a city water system. For a short-term solution, you can install a reverse osmosis system. This filter system goes under your sink. In 2019 this filter system costs \$150 to \$500. You will need to replace the filters every 6 to 12 months. Filter replacements cost \$35 to \$130.

Bottled water is also a safe option for drinking and cooking. **Do NOT boil your water** and then drink it. Boiling well water does not remove nitrate. This will increase the nitrate level!

**Need financial support?**  
Call Yakima Health District about Yakima County's HOME program.



### Questions?

Yakima Health District  
(509) 249-6508

<https://yakimacounty.us/275/Health-District>

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