Manteniéndose fresco en el hogar y la comunidad

Mantenga a su familia fresca durante el calor.

Afuera de la casa

mañana y tarde

mediodía

Adentro de la casa

Ir a estos lugares en la comunidad para refrescarse.

Parques
Lagos o piscinas
Centros comunitarios
Centros comerciales
Bibliotecas

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Keeping cool in the home and community

Keep your family cool during hot weather.

Inside home

- middle of day
- morning and evening

Outside home

Go to these places in the community to cool off

- Parks
- Lakes or swimming pools
- Community centers
- Malls
- Libraries