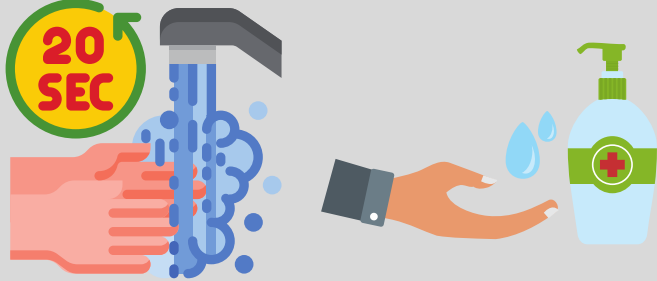
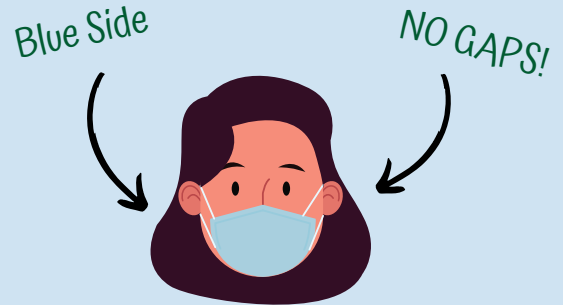


WHEN USING YOUR FACE MASK, BE SURE TO:

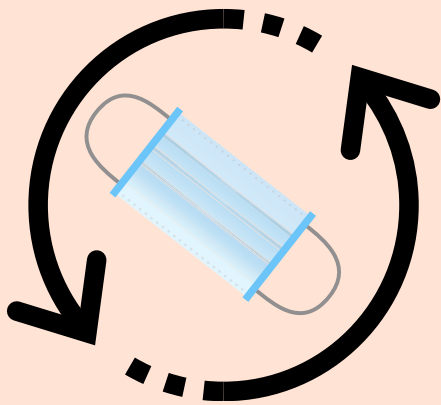


Wash your hands with soap and water or use a hand sanitizer, before and after putting on or taking off your mask.

Make sure the blue side of the mask is on the outside.



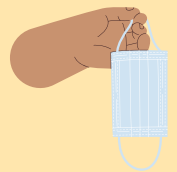
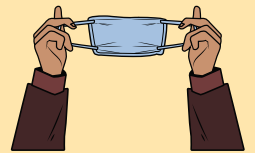
Completely cover your mouth and nose, make sure there are no gaps between your face and the mask.



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks.

TO REMOVE FACE MASK:

Remove it behind the ears or head (do not touch the front of the mask)



Discard immediately after use preferably in a closed container.

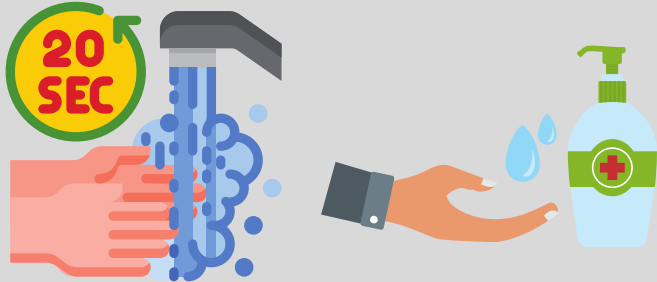


Sources & More Information

- United States Centers for Disease Control and Prevention [CDC.gov/nCoV](https://www.cdc.gov/nCoV)
- World Health Organization [who.int/epi-win](https://www.who.int/epi-win)
- Pacific Northwest Agricultural Safety and Health Center (PNASH) <https://bit.ly/pnash-covid>

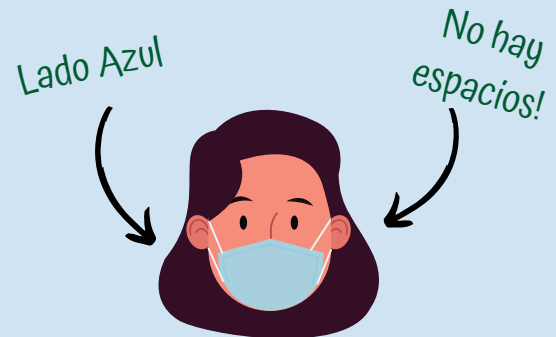


CUANDO USE SU MASCARILLA, ASEGURESE DE:

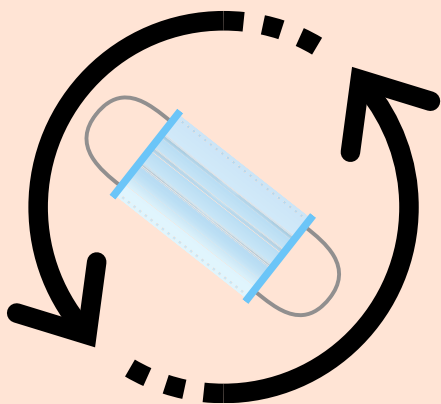


Lavarse las manos con agua y jabón o usar un desinfectante de manos; antes y después de ponerse o quitarse su mascarilla.

Asegúrese de que el lado azul de la mascarilla esté hacia el frente de su cara.



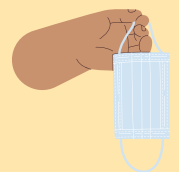
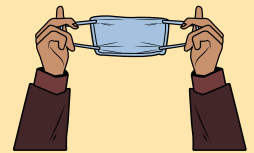
Cubrir completamente la boca y la nariz. Asegúrese de que no haya espacios entre su cara y la mascarilla.



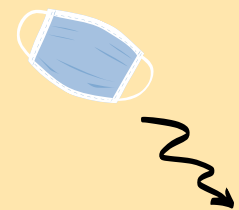
Reemplazar la mascarilla con una nueva tan pronto como esté húmeda y no reutilice las mascarillas de un solo uso.

PARA QUITARSE LA MASCARILLA:

Quítala por detrás de las orejas o la cabeza. (no toque el frente de la mascarilla)



Deseche inmediatamente después de usarla, preferiblemente en un contenedor cerrado.



Sources & More Information

- United States Centers for Disease Control and Prevention [CDC.gov/nCoV](https://www.cdc.gov/nCoV)
- World Health Organization [who.int/epi-win](https://www.who.int/epi-win)
- Pacific Northwest Agricultural Safety and Health Center (PNASH) <https://bit.ly/pnash-covid>



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