

WORKING TOGETHER TO CULTIVATE HOPE

Let's use our
facemasks!



Let's follow the
health guidelines for
COVID-19!



Get vaccinated
against COVID-19!



**A story about how farmworkers cope with the
COVID-19 pandemic and follow safety
measures to prevent its spread.**

Made possible by the Washington State Department of Health

Introduction to the foto novela

COVID-19 has affected everyone but especially farmworkers. It's not just about us, it's about protecting our families and also thinking about those around us.

We all have an important role in ending the pandemic. The vaccine will play a role in doing so.

When your turn comes, please get vaccinated. Keep wearing your face mask, continue social distancing, and washing your hands. By following these tips, you are showing your friends and family how much you care about them.

People can infect others with COVID-19 before they show symptoms, and there are even individuals who do not develop symptoms; that is why it is important to follow the safety measures.

It is the responsibility of employers, owners, and housing managers to establish safety guidelines for COVID-19. It is the workers' responsibility to follow those guidelines.



Workers in a group



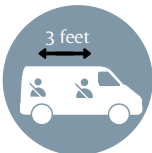
Using PPE



Taking care of the sick



Getting the vaccine



Distancing in a car (3 ft)



One hour in a car



No mixing products

COVID-19 Symptoms



Cough



Fever



Chills

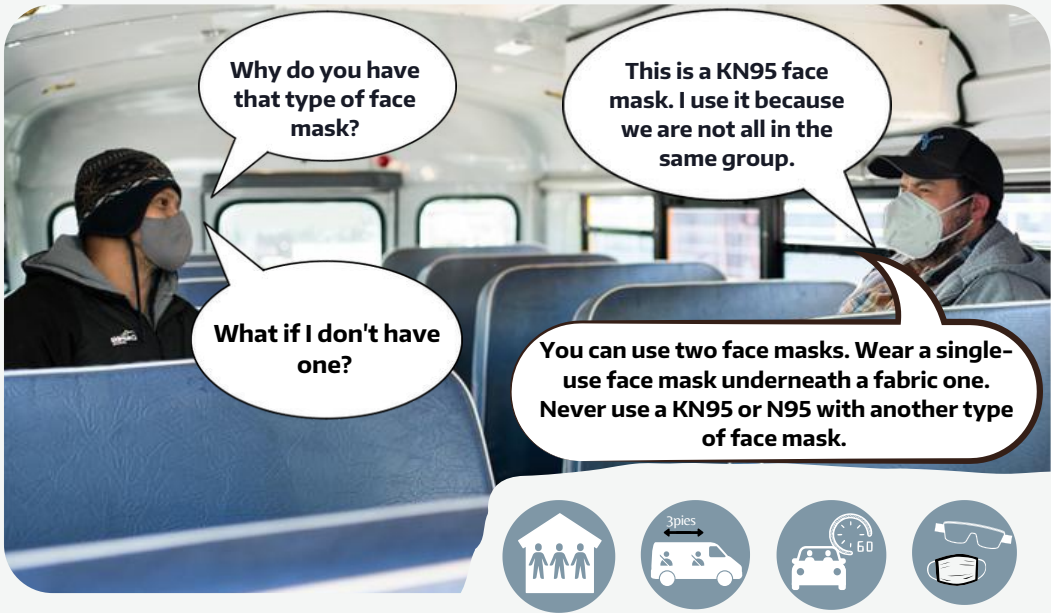


Shortness of breath





All the workers are ready to go to the field.



Good thing Martha is going with her sister, because only 2 people can go in a car.

Hopefully you don't mind sitting in the back. They recommend it to keep our distance.

I have to disinfect the inside of the car such as the door handles and the steering wheel.

I have to disinfect the bus before picking up the other group of workers.



The employer must provide training on safety rules to prevent the spread of COVID-19. Also they must also provide the necessary cleaning products and personal protective equipment (PPE).



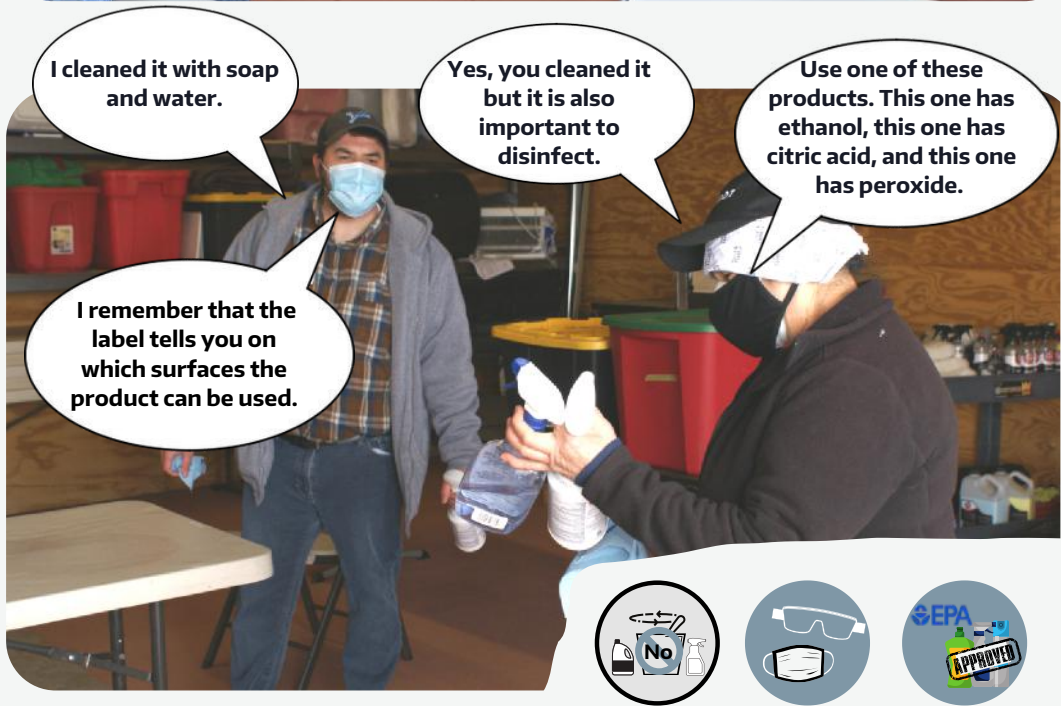
Hey Jesús, don't forget to wash your hands and to use a face mask when you are not eating.

Okay, but you should make sure yours is worn correctly. It should cover your nose and chin. This will prevent droplets from escaping your face mask if you're sick.

The face mask should have multiple layers. It should also be replaced or washed everyday or when it becomes wet or humid due to sweat.

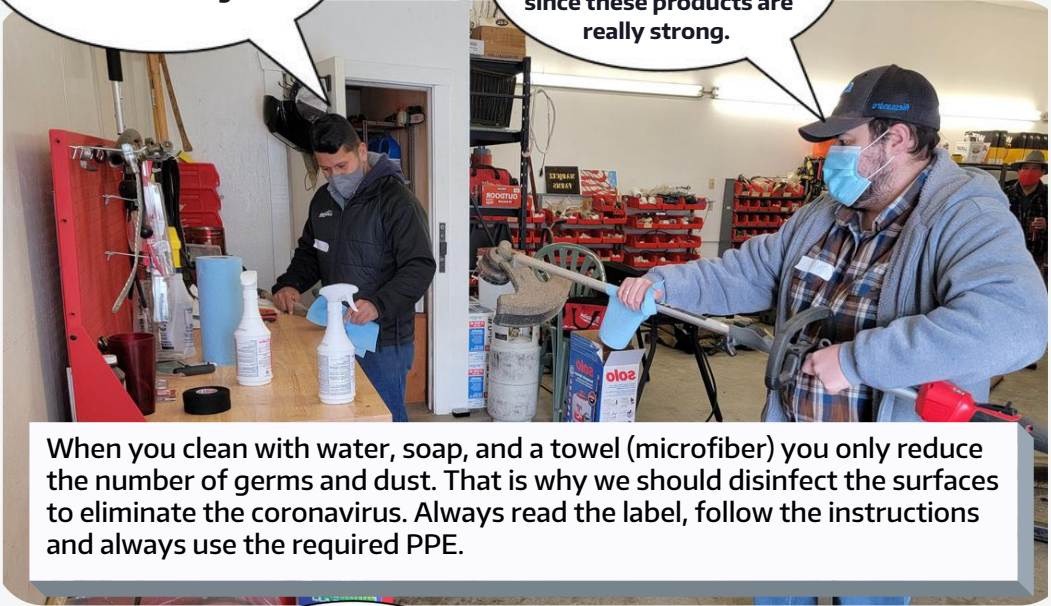
Hey, we should not all sit at the table. We should keep a 6 feet distance here.

OMG you're too careful!...But you're right!



On the product label it says that we should leave the surfaces wet 2-3 minutes if we are disinfecting them.

Alright. Let me open the door so the room can have some ventilation, since these products are really strong.



...and what if we only have bleach, could we use it to disinfect?


It is not recommended but if it's the only thing you have, you should follow the instructions on the bottle to dilute bleach correctly.



Remember: Don't mix bleach and ammonia. This type of mixture can cause a chemical reaction that can be damaging to your health and can be deadly.








He needs to see a doctor. What should we do?

I'll call the doctor since it is the responsibility of the employer to arrange for care.



And if he can't work, how will they pay him?

**Here is the information.
It is the employer's responsibility to share information about paid sick leave and work benefits.**

Meanwhile...

Have you received the COVID-19 vaccine?

No! They want to insert a chip in us!

I even heard that the vaccine will change our DNA! But those things are not true.

My doctor explained to me the vaccines are safe & very few people have had adverse side effects.

The coronavirus vaccine is one of the most important tools to fight the pandemic but we all have to get vaccinated to stop the spread of the virus.

If we get the vaccine, it will prevent us from getting the more serious symptoms caused by COVID-19.

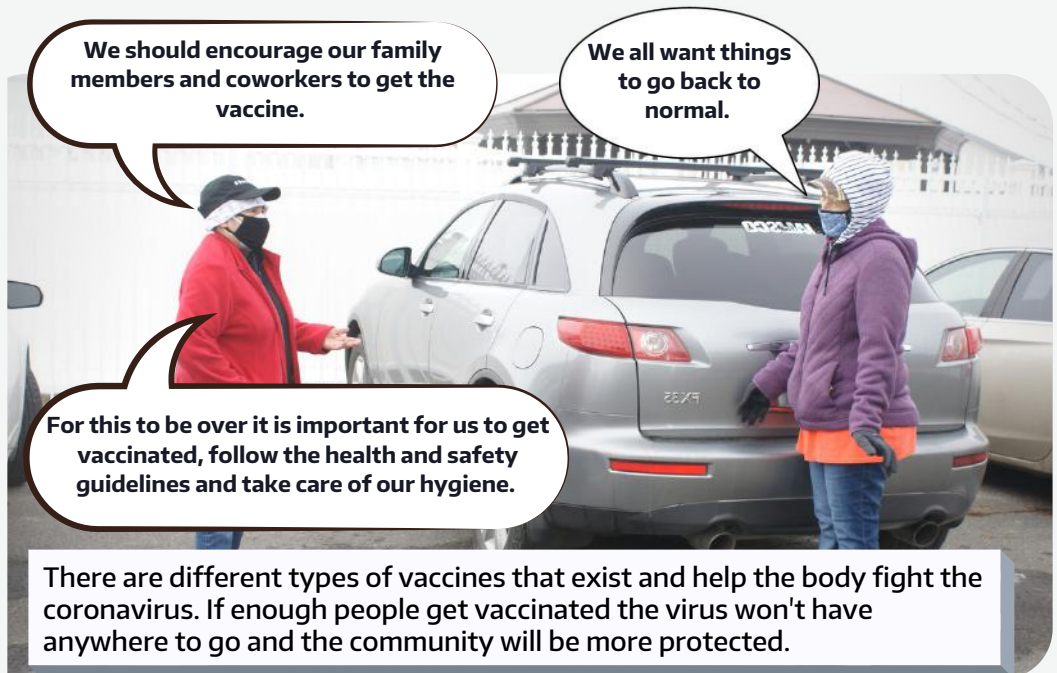
My doctor said we should register using this link: [Find My Phase WA](#).

They will notify you when you are eligible to get the vaccine.

Do you know what we need to do to get the vaccine?



Some time later



RESOURCES

The COVID-19 vaccine and test are available at no cost for everyone regardless of immigration status or health insurance coverage.

How do I find a place to get vaccinated?

For information about COVID-19 in your county: Call: 211 or
WA Department of Health | 1-800-525-0127

How do I know when it's my turn to get the vaccine?

Find Your Phase WA: <https://form.findyourphasewa.org/210118771253954>

Where can I get tested for COVID-19?

WA Department of Health | 1-800-525-0127

Where can I report unsafe working conditions?

WA State Department of Labor and Industries | 1-800-423-7233, Press 2 & then 2

Where do I call to report a workplace injury or illness?

WA State Department of Labor and Industries | 1-800-547-8367, Press 2

Where do I call for information on paid family and medical leave?

Employment Security Division | 1-833-717-2273

How can I learn more about benefits or programs for workers?

Northwest Justice Project | Call or text: 509-225-0026

What do I do if I get sick and they fire me or stop paying me?

WA State Department of Labor and Industries | (509)-735-0111 or (425)-258-6372



Follow all safety guidelines against COVID-19:



✓ COVID-19 training



✓ 6 feet distance



✓ Cleaning & disinfecting



✓ Washing hands



✓ Using a face mask

It is the employers responsibility to:

- Establish workplace policies
- Train workers
- Provide personal protective equipment (PPE) and cleaning products
- Isolate and care for sick workers
- Provide food, transportation, and medical care
- Provide information on paid leave and worker's compensation.

It is the workers responsibility to:

- Follow the employer's rules
- Wear mask and PPE
- Visit only workers in your group
- Notify employer if you have symptoms or are sick
- Follow your doctor's recommendations

Credits and acknowledgments



Sponsors:

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