Manteniéndose fresco en el hogar y la comunidad

Mantenga a su familia fresca durante el calor.

Adentro de la casa

- mañana y tarde
- mediodía

Afuera de la casa

Ir a estos lugares en la comunidad para refrescarse.

- Parques
- Lagos o piscinas
- Centros comunitarios
- Centros comerciales
- Bibliotecas

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Keeping cool in the home and community

Keep your family cool during hot weather.

Inside home

- morning and evening
- middle of day

Outside home

Go to these places in the community to cool off

- Parks
- Lakes or swimming pools
- Community centers
- Malls
- Libraries

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