

Pre-Med Student First Aid Kit

UW Career & Internship Center:

- ✓ [Road to Medical School](#)
- ✓ [Overview of Application Materials](#)
- ✓ [“Applying to Health Professional Programs” website](#)
- ✓ [“Applying to Graduate School” appointment](#) with a Career Coach
- ✓ [Pre-Med Exploration & Planning Guide](#)
- ✓ [Building Clinical Experience resources](#)

UW School of Medicine Resources:

- ✓ [Advice for students about Physician Shadowing](#)
- ✓ [UPREP \(uprep1@uw.edu\) and AFERM \(uw.aferm@gmail.com\)](#)
- ✓ [GPA & MCAT acceptance rates](#)
- ✓ [Admissions](#) for WWAMI and everywhere else
- ✓ [Admissions info session recordings](#)

American Association of Medical Colleges Resources:

- ✓ [In-state and out-of-state acceptance rates](#)
- ✓ [Pre-requisite Summary](#)
- ✓ [Core Competencies for Medical Students](#)
- ✓ [Guidelines for Letter Writers](#)
- ✓ [35 Questions I Wish I Had Asked](#)
- ✓ [Prepare for the PRE-view Professional Readiness Exam](#)

Videos:

- ✓ [What Health Professional Schools Look For](#)
- ✓ [Connecting Pre-Health Coursework to Co-Curricular Activities](#)
- ✓ [Writing about your Clinical Exposure](#)
- ✓ [Writing about your Research Experience](#)
- ✓ [Writing about your Leadership Experiences](#)
- ✓ [Writing your Personal Statement](#)
- ✓ [Getting Great Letters of Recommendation](#)
- ✓ [Demonstrating Fit with Target Schools](#)
- ✓ [Acing the Interview](#)