

ENV H 482 A Su 24: Environmental Health Internship

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ENV H 482 - Environmental & Occupational Health Internships

Course Description

This is a Credit/No Credit course in which students have the opportunity to build skills that employers are looking for during their internship, as well as reflect on internship experiences to make the most of the opportunity. **This is an asynchronous course** that does not meet in person. Students work through the course content as they progress through their internship.

Your Instructional Team:



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Office Hours by Appointment



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About the Course

Course Purpose

The field internship is intended to provide students, majoring in environmental health, with an opportunity to use the knowledge and skills learned in the classroom in an actual work setting. It is intended to be both practical and educational. You will be expected to devote your full-time efforts to the internship in order to gain an understanding of, and an appreciation for, the multiplicity of technical, legal, social, economic, and political factors which impinge upon the planning, development, and implementation of environmental health programs to understand and help resolve community problems.

Learning Goals

By the end of this internship, you should be able to:

1. Apply the theoretical concepts of the classroom to the realities of the field;
2. Communicate with, and work with, the public and other health professionals;
3. Identify environmental public health problems, gather and interpret data, and propose alternative solutions with an understanding of the health, economic, social, legal, and political implications of each alternative;
4. Observe and evaluate conditions and situations likely to have an adverse effect on human health and well-being;
5. Relate the role of environmental health to other public health and environmental protection programs, and to community values, demands, and priorities; and,
6. Describe the legal and political processes, including, but not limited to, the role of the county commissioners, local and state boards of health, writing rules and regulations, enforcement techniques, and the basic rights of citizens.

Course Requirements

Duration

The internship is a 400-hour practicum in which you will work with a local, state, federal or private organization for the purpose of being trained in the delivery of environmental public health programs through observations and instruction/mentorship.

The internship may be completed any academic quarter, although most students complete their internship during their summer break. The internship normally begins on the first day of the quarter and ends upon the completion of ten full weeks of training (400 hours) unless other arrangements are agreed upon between the student and the organization's supervisor and are approved in advance by this course's instructor. For example, there have been situations where students have completed their internship over the course of an academic year (working approximately 10 hours/week).

ENV H 482 is a variable credit course. Students should register for between 2 and 15 credits.

Regardless of the number of credits for which you register, you are responsible for completing the entire 400 hours of the required internship. For students completing an internship during their summer break,

they can register for a min. of 2 Summer quarter credits OR for a min. of 2 Fall quarter credits – the decision is entirely up to the student and often is linked to financial aid during the academic year.

Grading & Assessment

ENV H 482 is a credit/no credit course. Students receive credit based on summary materials submitted to canvas, as well as, evaluated performance in the workplace. The summary of experience will be reported in weekly journal entries and synthesized for a final report. To earn credit, students must:

- Earn 175 out of a total 220 possible points on assignments;
- Submit the required elements of a workplan, schedule, release forms, updated resume, 2 evaluations and final documents (see assignment schedule below);
- Receive a favorable evaluation from the internship's site supervisor indicating the agreed upon commitments and responsibilities to the organization have been met; and
- Work at least 400 hours for the internship's organization(s).

The course materials, assignment schedule, and course policies can be found on the full syllabus below:

[Download the full syllabus here](#)

<https://canvas.uw.edu/courses/1729443/files/118307752?wrap=1>

Getting Started

1. Adjust your notification settings in Canvas.

On the left, click "Account" and then "Notifications."












Select "Notify Me Right Away" (the check mark) for the following: Announcement, Grading, Submission Comment











2. Head to the [Modules Tab \(https://canvas.uw.edu/courses/1729443/modules/3011199\)](https://canvas.uw.edu/courses/1729443/modules/3011199) and begin working on the first module before you start your internship.













3. Many of the modules include optional content from [LinkedIn Learning \(https://careers.uw.edu/linkedin-learning/\)](https://careers.uw.edu/linkedin-learning/), an on-demand video learning platform to help you develop and enhance skills. Free access to LinkedIn Learning is provided to all UW students, staff, and faculty by the Student Technology Fee. To access this LinkedIn Learning content using your UW NetID, [sign in here](https://urldefense.com/v3/_https://lnkd.in/g35aet_!!K-Hz7m0Vt54!kNH0-gRiGgtj9GtctHqZhloXTeAki8ybVxXfdMasIP9xP1JtZTI-oMO8DBNhcta6DeTyi9TrQD_$_.) [https://urldefense.com/v3/_https://lnkd.in/g35aet_!!K-Hz7m0Vt54!kNH0-gRiGgtj9GtctHqZhloXTeAki8ybVxXfdMasIP9xP1JtZTI-oMO8DBNhcta6DeTyi9TrQD_\\$_.](https://urldefense.com/v3/_https://lnkd.in/g35aet_!!K-Hz7m0Vt54!kNH0-gRiGgtj9GtctHqZhloXTeAki8ybVxXfdMasIP9xP1JtZTI-oMO8DBNhcta6DeTyi9TrQD_$_.)






Course Summary:

Date	Details	Due
	 Acknowledgement of Risk Form - REQUIRED	

Date	Details	Due
	(https://canvas.uw.edu/courses/1729443/assignments/9227232)	
	 Career Competency Assessment (https://canvas.uw.edu/courses/1729443/assignments/9227231)	
	 LinkedIn Learning (https://canvas.uw.edu/courses/1729443/assignments/9227233)	
	 Media Release Form - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227230)	
	 Schedule - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227234)	
	 Video Review: Build your Professional Reputation (https://canvas.uw.edu/courses/1729443/assignments/9227235)	
	 Video Review: Develop Strong Work Relationships (https://canvas.uw.edu/courses/1729443/assignments/9227237)	
	 Video Review: Don't Fear Conflict (https://canvas.uw.edu/courses/1729443/assignments/9227238)	
	 Video Review: Exploring Unconscious Bias (https://canvas.uw.edu/courses/1729443/assignments/9227239)	
	 Video Review: Highlight your Internship Experience to Land any Job (https://canvas.uw.edu/courses/1729443/assignments/9227240)	
	 Video Review: How to Counter Unconscious Bias (https://canvas.uw.edu/courses/1729443/assignments/9227242)	
	 Video Review: How You Respond to Conflict Affects its	

Date	Details	Due
	Outcome (https://canvas.uw.edu/courses/1729443/assignments/9227241)	
	 Video Review: Informational Interview Do's and Dont's (https://canvas.uw.edu/courses/1729443/assignments/9227243)	
	 Video Review: Listen to Understand (https://canvas.uw.edu/courses/1729443/assignments/9227244)	
	 Video Review: Prepare to Ask Questions & Take Notes (https://canvas.uw.edu/courses/1729443/assignments/9227245)	
	 Video Review: Promoting Yourself (https://canvas.uw.edu/courses/1729443/assignments/9227246)	
	 Video Review: Reflect on What's Happening and the Results you Want (https://canvas.uw.edu/courses/1729443/assignments/9227247)	
	 Video Review: Remember to Follow Up (https://canvas.uw.edu/courses/1729443/assignments/9227248)	
	 Video Review: Resume Tips for College Grads and Early Career Professionals (https://canvas.uw.edu/courses/1729443/assignments/9227249)	
	 Video Review: Tracking Project Performance (https://canvas.uw.edu/courses/1729443/assignments/9227250)	
	 Video Review: Turn your Current Internship into your Full-Time Job (https://canvas.uw.edu/courses/1729443/assignments/9227251)	
	 Video Review: Use your Experience to Land a Different	

Date	Details	Due
	Full-Time Job (https://canvas.uw.edu/courses/1729443/assignments/9227252)	
	 Video Review: Using Cultural Lens as a Tool to Avoid Mistakes (https://canvas.uw.edu/courses/1729443/assignments/9227253)	
	 Video Review: What is Conflict Competence? (https://canvas.uw.edu/courses/1729443/assignments/9227254)	
	 Week 1 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227255)	
	 Week 10: Final Report/Poster - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227256)	
	 Week 2 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227257)	
	 Week 3 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227258)	
	 Week 4 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227259)	
	 Week 4: Informational Interviews: Reflection Exercise (https://canvas.uw.edu/courses/1729443/assignments/9227260)	
	 Week 5 Mid-point Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227261)	
	 Week 6 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227262)	
	 Week 7 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227263)	
	 Week 8 Journal Entry	

Date	Details	Due
	(https://canvas.uw.edu/courses/1729443/assignments/9227264)	
	 Week 8: Submit your Revised Resume - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227265)	
	 Week 9 Journal Entry (https://canvas.uw.edu/courses/1729443/assignments/9227266)	
	 Work Plan - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227267)	
	 YOUR Internship Evaluation - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227268)	
	 YOUR SUPERVISOR'S Internship Evaluation - REQUIRED (https://canvas.uw.edu/courses/1729443/assignments/9227269)	